

# Blinn College Captures Another Outdoor Track Championship

## 1995 NJCAA MEN'S OUTDOOR TRACK & FIELD CHAMPIONSHIP FINAL RESULTS

### TEAM RESULTS

1. Blinn College, TX .....	188.0
2. Barton County CC, KS .....	90.0
3. Central Arizona College, AZ .....	87.0
4. San Jacinto College, TX .....	72.5
5. South Plains Junior College, TX .....	55.0
6. Wallace State CC/Hanceville, AL .....	42.0
7. Ricks College, ID .....	38.5
8. Johnson County CC, KS .....	37.0
Southwestern Christian College, TX .....	37.0
10. Miami-Dade CC, FL .....	27.0

### 100 METER DASH

1. Leon Gordon, San Jacinto .....	10.26
2. Percival Spencer, Central Arizona .....	10.33
3. Quincy Foster, Blinn College .....	10.36
4. Warren Johnson, SW Christian .....	10.37
5. Thaddeus Shannon, Garden City .....	10.39
6. Alfred Stubbs, Miami-Dade CC .....	10.51
7. Lamonze Hunter, Erie CC .....	10.65
Robin Gilmore, Erie CC .....	10.65

### 200 METER DASH

1. Percival Spencer, Central Arizona .....	20.77
2. Curtis Perry, Wallace State .....	20.80
3. Leon Gordon, San Jacinto .....	21.17
4. Demetrick Powell, Miami-Dade CC .....	21.48
5. Quincy Foster, Blinn College .....	21.61
6. Michael Aldridge, Barton County .....	21.71
7. Jermaine Owens, Blinn College .....	21.82

### 110 METER HURDLES

1. Demetrick Powell, Miami-Dade CC .....	13.7
2. Jeremichael Williams, Blinn College .....	13.8
3. Victor Houston, San Jacinto .....	13.9
4. Larry Tatum, Blinn College .....	13.9
5. Devon Clarke, Barton County .....	14.2
6. Andre Howard, Garden City .....	14.3
7. Marcus Banks, Barton County .....	14.4
8. Ray Helms, Pima CC .....	14.7

### 400 METER HURDLES

1. Wayne Whyte, Blinn College .....	50.36
2. Sammy Biwott, Central Arizona .....	50.78
3. Ian Weekly, SW Christian .....	51.42
4. Mark Miley, Blinn College .....	51.53
5. Andre Howard, Garden City .....	52.29
6. Marlon Thomas, Blinn College .....	52.32
7. Reggie Charlton, North Idaho .....	53.01
8. Thurston Richardson, Miami-Dade CC .....	55.06

### 400 METER DASH

1. Ramos Clay, Blinn College .....	45.48
2. Eswort Coombs, Essex, NJ .....	46.01
3. Keith Black, Blinn College .....	46.78
4. Zyris Hill, Garden City .....	47.27
5. Terrence Norris, San Jacinto .....	47.28
6. Kirthly Richardson, Central Arizona .....	47.30
7. Sheldon Edwards, San Jacinto .....	no mark
8. Francis Ogola, Barton County .....	no mark

### 800 METER DASH

1. Manuel Joseph, Blinn College .....	1:50.81
2. Preston Campbell, SW Christian .....	1:51.41
3. Orvilla Clark, SW Christian .....	1:51.45
4. Philip Maiyo, Barton County .....	1:52.51
5. Tommy Lancaster, Brevard .....	1:52.91
6. Herbert Habyariamna, Blinn College .....	1:53.36

### 1500 METER RUN

1. Johan Kiptarus, Barton County .....	3:51.13
2. Musa Gwanzura, Blinn College .....	3:52.21
3. Fikre Wondafrash, Ricks .....	3:52.40
4. Phillip Maiyo, Barton County .....	3:55.79
5. Junior Mitchell, Blinn College .....	3:56.03
6. Salem Messaui, South Plains .....	3:57.1
7. John McMillian, Brevard .....	3:59.77
8. Corey Kebsling, Colby CC .....	4:06.45

### 3,000 METER STEEPLECHASE

1. David Kemei, South Plains .....	9:18.25
2. Mark Dalkins, Central Arizona .....	9:32.84
3. Jason Yuknos, Brevard .....	9:40.35
4. Adolfo Carrillo, South Plains .....	9:42.58
5. John Hodge, DuPage .....	9:42.96
6. Chris Daffron, Central Arizona .....	9:44.64
7. David Dominguez, Alfred State .....	9:44.90
8. Jeremy Swafford, Neosho County .....	9:58.74

### 5,000 METER RUN

1. Cleophas Boor, Barton County .....	14:42.37
2. David Kemi, South Plains .....	15:13.49
3. Stan Iordanov, Butler County .....	15:17.27
4. Marcus Morillon, South Plains .....	15:20.89
5. Mike Wilkey, Butler County .....	15:28.83
6. Junior Mitchell, Blinn College .....	15:44.28
7. Eric Victor, Ricks .....	15:44.44
8. James Robertson, DuPage .....	16:20.83

### 10,000 METER RUN

1. David Kemi, South Plains .....	30:11.21
2. Cleophas Boor, Barton County .....	30:13.11
3. Samir Moussaoui, South Plains .....	30:19.02
4. Stan Iordanov, Butler County .....	31:47.15
5. Fallord Moonga, Blinn College .....	31:49.52
6. Mike Wilkey, Butler County .....	31:50.07
7. Rene Gonzalez, South Plains .....	31:53.19
8. Grant Stevers, Ricks .....	32:02.98

### 400 METER RELAY

1. Blinn College .....	39.67
2. Miami-Dade CC .....	40.11
3. Wallace State .....	40.66
4. Garden City .....	40.71
5. Southwestern Christian .....	40.80
6. Barton County .....	40.91
7. Erie CC .....	43.87
8. San Jacinto .....	no mark

### 1600 METER RELAY

1. Blinn College .....	3:05.44
2. San Jacinto .....	3:06.14
3. Wallace State .....	3:09.93
4. Barton County .....	3:10.18
5. Essex, MD .....	3:13.78
6. Kansas City Kansas CC .....	3:14.36
7. Hinds CC .....	3:16.63
8. Central Arizona .....	3:17.42

### 3200 METER RELAY

1. Blinn College .....	7:29.92
2. Southwestern Christian .....	7:35.50
3. South Plains .....	7:38.60
4. Butler County .....	7:38.63
5. Ricks College .....	7:41.85
6. Hinds CC .....	7:49.15
7. Southern Idaho .....	7:49.24
8. Johnson County .....	7:51.74

### SHOT PUT

1. Chima Ugwu, Central Arizona .....	61-07.0
2. Rick Reyes, Central Arizona .....	53-04.25
3. Kris Watson, Southern Idaho .....	51-01.5
4. Bryan Verkler, Vincennes .....	49-02.5
5. Ray Lacey, Blinn College .....	48-09.0
6. Nicks Trenneus, San Jacinto .....	48-05.55
7. Jim Riedesel, Johnson County .....	47-11.25
8. Howard Brown, Wallace State .....	47-04.5

### DISCUS

*1. Andy Kokhanovsky, Blinn College .....	198'02"
2. Chima Ugwu, Central Arizona .....	191'05"
3. Howard Brown, Wallace State .....	175'06"
4. Christer Hagberg, Central Arizona .....	173'07"
5. Mike Andrikut, Alfred State .....	173'04"
6. Guillermo Heredia, San Jacinto .....	170'01"
7. Nick Trenneus, San Jacinto .....	168'00"
8. Tad Baltzer, Ricks .....	164'06"

### JAVELIN

1. Chris Morland, Johnson County .....	224'05"
2. Juan Lopez, San Jacinto .....	220'00"
3. Jay Krom, Barton County .....	208'00"
4. Urban Svedberg, Central Arizona .....	203'11"
5. Aaron Anderson, Cloud County .....	200'06"
6. Chris Mazouch, Barton County .....	193'05"
7. Shane McCall, Southern Idaho .....	185'10"
8. Jimmy Gosch, Hutchinson .....	182'05"

### HIGH JUMP

1. Dennis Ferron, Wallace State .....	7'01"
James Ballard, Barton County .....	7'01"
3. Tom Floyd, Hutchinson .....	6'11"
4. Marvin Robertson, San Jacinto .....	6'11"
5. Kievin Jackson, Blinn College .....	6'09"
Rusty Smith, Ricks College .....	6'09"
Daniel Zigler, Mesa CC .....	6'09"
Kevin Schleicher, Blinn College .....	6'09"

### LONG JUMP

*1. James Beckford, Blinn College .....	28'05.75"
2. Joe Laster, Barton County .....	26'05.50"
3. Michael Aldridge, Barton County .....	26'01.75"
4. Kirkwood Newbold, Wallace State .....	25'09.25"
5. Chris Wright, Kansas City Kansas CC .....	25'08.0"
6. Victor Houston, San Jacinto .....	25'07.25"
7. Leonard Cobb, Blinn College .....	25'04.0"
8. Plurohn Crutch, North Dakota SCS .....	24'03.0"

### TRIPLE JUMP

*1. James Beckford, Blinn College .....	58'09.05"
2. Leonard Cobb, Blinn College .....	54'01.0"
3. Sergei Bykov, Beville State .....	53'10.05"
4. Lester Smith, Florissant Valley .....	51'11.0"
5. Mike Wallace, Blinn College .....	50'06.0"
6. Jeffrey Simms, North Idaho .....	49'09.75"
7. Mike Diggs, Essex, MD .....	49'03.75"
8. Curtis Collier, Hinds CC .....	49'01.75"

### POLE VAULT

1. David Amet, Johnson County .....	16'06"
2. Rodney Mattingly, San Jacinto .....	16'00"
3. Jeremy Null, Johnson County .....	15'06"
Sylvester Houston, Johnson County .....	15'06"
Troy Schiffman, Ricks College .....	15'06"
6. Zack Lee, Hutchinson .....	15'00"
Dan Pratt, Glendale, CC .....	15'00"
Jeff McKinney, Blinn College .....	15'00"

### HAMMER THROW

1. Mattias Ohlsson, Blinn College .....	189'04"
2. Christer Hagberg, Central Arizona .....	179'00"
3. Robert Quackenbush, Pima CC .....	176'00"
4. Tom Sullivan, DuPage .....	173'03"
5. Tim Stoner, Pima CC .....	171'11"
6. James Small, Johnson County .....	169'09"
7. Ryan Harrison, Central Arizona .....	167'05"
8. Kris Watson, Southern Idaho .....	160'00"

### DECATHLON

1. Justin Garner, Ricks College .....	6754
2. Sean Christian, Ricks College .....	6734
3. Rodney Mattingly, San Jacinto .....	6687
4. Dennis Slagle, Pima CC .....	6368
5. Kenneth Dennard, Barton County .....	6353
6. Jon Kruse, Blinn College .....	6312
7. Harold Butler, Scottsdale .....	6209
8. Jim Farrell, William Rainey Harper .....	6030

### OUTSTANDING ATHLETE

James Beckford, Blinn College

### COACH OF THE YEAR

Douglas McDuffie, Southwestern Christian

\*DENOTES CURRENT NJCAA RECORD

# Barton County Community College Takes Sixth Outdoor Track Championship

## 1995 NJCAA WOMEN'S OUTDOOR TRACK & FIELD CHAMPIONSHIP FINAL RESULTS

### TEAM RESULTS

1. Barton County CC	154
2. San Jacinto College	150
3. Ricks College	114
4. Odessa College	62
5. Johnson County	59
6. Pima CC	41
7. Essex County, NJ	29
8. Cloud County	26
9. Wallace State CC/Hanceville	24
10. Garden City	21
11. Colby CC	16
12. Mesa CC	16
13. Mohawk Valley	12
North Dakota SCS	12
Southern Idaho	12

### 100 METERS

1. Sabrina Kelly, San Jacinto	11.22
2. Hydiane Harper, Essex County, NJ	11.56
3. Traci Jeffrey, San Jacinto	11.65
4. Jenell Ali, Barton County	11.66
5. Kim Sims, Odessa	11.94
6. Nichole Belcher, Essex County, NJ	12.05
7. Lanell Scarbrough, Wallace State	12.10
8. Kenyetta Fears, Johnson County	12.18

### 200 METERS

1. Sabrina Kelly, San Jacinto	23.28
2. Hydiane Harper, Essex County, NJ	23.51
3. Jenell Ali, Barton County	23.86
4. Traci Jeffrey, San Jacinto	24.39
5. Kim Sims, Odessa	24.41
6. Lanell Scarbrough, Wallace State	25.09
7. Nicole McCray, Bronx CC	25.16
8. Denise Brown, Wallace State	no mark

### 400 METERS

1. Ellen Grant, San Jacinto	51.85
2. Beverly Pierre, Barton County	52.59
3. Tina Sommers, Odessa College	53.56
4. Lorraine Graham, Ranger College	53.63
5. Shenita Wilson, Odessa College	54.23
6. Kim Norsworthy, Garden City	54.42
7. Melanie Brown, Wallace State	57.81
8. Linda Brown, Mesa	58.92

### 800 METERS

1. Charmaine Howell, Barton County	2:12.20
2. Desiree Owen, Phoenix College	2:15.57
3. Wendy Moore, Johnson County	2:16.63
4. Malissa Carr, Garden City	2:18.89
5. Lisa Pike, Ricks	2:19.61
6. Jean Fitzgerlad, Southern Idaho	2:20.34
7. Tysheema Brown, Cloud County	2:37.61

### 1500 METERS

1. Michelle Clarke, Barton County	4:40.82
2. Maria Bergckneim, Wallace State	4:44.78
3. Kay Mannebach, Colby CC	4:46.90
4. Cory Rhoades, Brevard	4:54.42
5. Tysheema Brown, Cloud County	4:55.79
6. Christina Olson, Brevard	4:56.24
7. Andrea Hamilton, Ricks	5:00.79
8. Angie Portnar, Southern Idaho	5:07.34

### 3000 METERS

1. Michelle Clarke, Barton County	10:21.05
2. Diane Wilson, Ricks College	10:25.34
3. Nicole Branck, Mohawk Valley	10:43.06
4. Kay Mannebach, Colby CC	10:43.40
5. Tara Rhoades, Ricks	10:51.07
6. Valerie Spencer, Johnson County	10:53.32
7. Karen Ray, Mesa	10:58.53
8. Jennifer Connell, Ricks	11:01.01

### 5000 METERS

1. Michelle Clarke, Barton County	17:47.34
2. Diane Wilson, Ricks	17:57.90
3. Nicole Branck, Mohawk Valley	18:27.21
4. Tara Rhoades, Ricks	18:40.74
5. Karen Ray, Mesa	18:43.80
6. Cathy McMahon, Ocean County	19:03.75
7. Debbie Arzola, San Jacinto	19:25.42
8. Jennifer Connell, Ricks	19:25.54

### 10,000 METERS

1. Valerie Spencer, Johnson County	38:48.20
2. Debbie Arzola, San Jacinto	39:31.90
3. Jana Cooke, Ricks	39:47.98
4. Tara Rhoades, Ricks	40:10.77
5. Cathy McMahon, Ocean County	40:32.38
6. Jamey Gray, Highland CC	40:35.88
7. Maria Cintora, Glendale CC	40:38.68
8. Amy Lange, Macomb	40:49.52

### 100 METER HURDLES

1. *Nichole Belcher, Essex County, NJ	13.13
2. Lacena Golding, San Jacinto	13.22
3. Rosa Giscombe, San Jacinto	13.82
4. Rosa Jolivet, Odessa	13.99
5. Karen Constable, San Jacinto	14.15
6. Marsha Mark, Ricks College	14.18
7. Tandra McPherson, Odessa College	14.30
8. Phyllis Brooks, Barton County	14.52

### 400 METER HURDLES

1. Andrea Griscombe, San Jacinto	58.92
2. Rosa Jolivet, Odessa College	59.52
3. Meka Rembert, Barton County	59.88
4. Karen Constable, San Jacinto	1:00.30
5. Phyllis Brooks, Barton County	1:02.32
6. Stephanie Talley, Florida CC	1:03.70
7. Sharline Maxwell, Montgomery College	1:05.65
8. Amy Smith, Middlesex	1:06.76

### 400 METER RELAY

1. San Jacinto	43.98
2. Barton County	45.61
3. Wallace State	46.36
4. Odessa College	46.47
5. Ricks College	47.22
6. Ranger College	48.14
7. Cloud County	48.55
8. Pima CC	50.29

### 1600 METER RELAY

1. Barton County	3:37.00
2. San Jacinto	3:37.91
3. Odessa College	3:40.79
4. Ricks College	3:49.69
5. Garden City	3:51.07
6. Johnson County	3:52.47
7. Mesa CC	4:06.55

### 3200 METER RELAY

1. Barton County	9:08.93
2. Southern Idaho	9:29.83
3. Ricks College	9:32.14
4. Colby CC	9:32.28
5. Cloud County	9:36.23
6. Johnson County	9:38.27
7. Esses CC, MD	9:59.41
8. Mesa CC	10:11.93

### HAMMER

1. *Katie Panek, Johnson County	171'10"
2. Rachelle Noble, Pima CC	159'00"
3. Brooke Sherow, Pima CC	144'10"
4. Melissa Baukmeister, Mesa CC	143'11"
5. Natalie Penross, DuPage	138'08"
6. Rebekah Swenson, Johnson County	137'07"
7. Rina Gallahar, Pima CC	134'04"
8. Michelle Heimerman, Coffeyville CC	134'02"

### JAVELIN

1. Stacie Lowe, Johnson County	153'02"
2. Marsha Mark, Ricks College	152'07"
3. Tanya Simonsen, North Dakota SCS	146'07"
4. Cherylin Barber, Ricks College	143'08"
5. Rachelle Noble, Pima CC	138'06"
6. Nicolle Stasnek, Pima CC	130'00"
7. Sara Norland, Johnson County	126'05"
8. Katie White, Gloucester County	126'04"

### DISCUS

1. Natasha Mitchell, San Jacinto	157'10"
2. Kim Feldkamp, Cloud County	150'10"
3. Grettel Miller, Ricks College	149'05"
4. Rachell Noble, Pima CC	147'08"
5. Kelley Bickham, Garden City CC	147'06"
6. Pat Neptune, San Jacinto	145'00"
7. Michelle Macek, North Dakota SCS	144'00"
8. Michelle Edmonds, North Idaho	138'10"

### SHOT PUT

1. Cherylin Barber, Ricks College	44'10.75"
2. Carla Prewitt, Johnson County	44'08.75"
3. Kim Feldkamp, Cloud County	43'05.25"
4. Kelley Bickham, Garden City	42'04.25"
5. Tanya Simonsen, North Dakota SCS	41'08.0"
6. Rachelle Noble, Pima CC	41'03.25"
7. Pat Neptune, San Jacinto	40'09.75"
8. Rina Gallahar, Pima CC	39'08.0"

### HIGH JUMP

1. Kristin McQuade, Ricks College	5'10.0"
2. Lisa Wright, Barton County	5'08.0"
Maris Doty, Pima CC	5'08.0"
4. Phyllis Brooks, Barton County	5'06.0"
Robin Dollson, Odessa College	5'06.0"
6. Dusty Mavity, North Idaho	5'04.25"
Debbie Fisher, Ricks College	5'04.25"
Julie Peper, Pima CC	5'04.25"

### TRIPLE JUMP

1. Suzette Lee, Barton County	44'04.75"
2. Lisa Wright, Barton County	41'04.5"
3. Adrian Sawyer, Odessa College	40'09.5"
4. Traci Jeffrey, San Jacinto	40'03.25"
5. Tifani Spraggins, Barton County	39'08.0"
6. Michele Egging, Pratt CC	38'00.75"
7. Lisa Roberts, Brevard	37'10.5"
8. Marie Doty, Pima CC	36'03.5"

### LONG JUMP

1. *Lacena Golding, San Jacinto	21'10.75"
2. Adrian Sawyer, Odessa College	21'01.25"
3. Suzette Lee, Barton County	20'06.5"
4. Lisa Wright, Barton County	20'04.25"
5. Traci Jeffrey, San Jacinto	19'11.0"
6. Lanell Scarbrough, Wallace State	19'06.5"
7. Tifani Spraggins, Barton County	18'06.0"
8. Michele Vaughn, Parkland	18'06.0"

### HEPTATHLON

1. *Lacena Golding, San Jacinto	5657
2. Lisa Wright, Barton County	5170
3. Marsha Mark, Ricks College	5137
4. Kristin McQuade, Ricks College	5076
5. Karen Constable, San Jacinto	4868
6. Rachel Flavell, Scottsdale	4679
7. Lisa Anderson, Scottsdale	4614
8. Rachel Carlin, Mesa CC	4256

### OUTSTANDING ATHLETE

Sabrina Kelly, San Jacinto College

### COACH OF THE YEAR

Kristin Redding, San Jacinto College

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