Essex County Wins Third Straight NJCAA Track and Field Crown

Essex County College of Newark, New Jersey won its third straight NJCAA Track and Field Championship at Memorial Stadium, Champaign, Illinois. Central Arizona College finished in second place.

Kerry Bethel of Essex County was the high point individual of the meet for the second straight year.

Orland Aldridge of Garden City Community Junior College, Garden City, Kansas, was selected as the Track Coach of the Year by the NJCAA Track and Field Coaches Association.

INDIVIDUAL STANDINGS

LONG JUMP
1. Larry Sutton, S. Plains College ........................................ 7.48m (24'4 3/4")
2. Sam Jenkins, Butler County CC/Kansas ......................... 7.42m (24'3 1/2")
3. Sam Wilson, Southwestern Mich. JC .......................... 7.41m (24'3 1/2")
4. Darryl McCoy, Hagerstown JC ................................. 7.37m (24'1")
5. Emmanuel Opobor, Ranger JC ........................................ 7.36m (24'1 1/2")
6. Bruce Colon, Kansas City Kansas CC .......................... 7.20m (23'7 1/2")

110 METER HIGH HURDLES
1. Kerry Bethel, Essex CC Co. Col. (Wind 6.5) ......... 13.50
2. J. D. Hill, St. Louis CC/Meramec .......................... 14.0
3. Lloyd Jeremiah, Garden City CC .................................. 14.1
4. Roger Getting, Colby CC .................................................. 14.1
6. Craig Roman, New Mexico JC ...................................... 14.7
Chris Jackson ................................................................. 14.7

10,000 METERS
1. Malcolm East, Allegheny CC ........................................ 29:07.7
2. Jairo Correa Jr, Idaho College of ................................ 29:14.0
3. Julius Oparo, New Mexico JC .............................. 29:42.7
4. Ken Martin, Lane CC .................................................... 29:46.4
5. Manny Batista, South Plains College ......................... 30:40.8
6. Mark Bossard, SUNY Farmingdale ......................... 30:42.9

100 METER DASH
1. Michael Finley, Mesa CC (Wind 4.9) .................... 10.36
2. Rody Lovett, Central Arizona College .................... 10.49
3. Tony Barney, Garden City CC .................................. 10.52
4. John McCoy, Ranger JC ............................................ 10.52
5. Ahmad Muhammad, Essex County College .............. 10.50
6. Leroy Thompson, St. Louis CC/Forest Park ............. 10.75
Barry Gambrell, SUNY/Farmingdale ......................... 10.75

1400 METER RELAY
1. Essex County College .............................................. 3:13.01
2. Ranger JC ............................................................. 3:15.82
3. Seminole CC .......................................................... 3:16.34
4. Eastern Oklahoma State ........................................... 3:16.9
5. Hagerstown JC ........................................................ 3:17.9 hand time
6. Jefferson State ....................................................... 3:18.1 hand time

400 METER HURDLES
1. Kerry Bethel, Essex County College ...................... 51.75
2. Anthony Austin, Central Arizona College ............... 52.45
3. Mike Holston, Hagerstown JC ............................ 52.56
4. Ron Jones, Butler CC Colleage/Kansas ................. 52.79
5. Dave Sykes, Jackson CC ........................................ 53.04
6. J. D. Hill, St. Louis CC/Meramec .......................... 54.1

800 M. RUN
1. Owen Hamilton, Ranger JC .................................. 1:48.46
2. Eddie Hodges, Seminole JC .................................... 1:48.55
3. Jack McIntosh, Henry Ford CC ............................. 1:49.39
4. Kelly Hrta, Cloud County CC ............................... 1:51.3
5. Bill Lennon, Miami-Dade CC/South Beach .......... 1:51.7
6. Bob Barnt, Allegheny CC ........................................ 1:51.8

200 METER DASH
1. Mike Finley, Mesa CC .......................................... 21.78
2. Rudy Lovett, Central Arizona College .................. 22.35
3. Brad McDonald, Phoenix College ......................... 22.38
4. Ahmad Muhammad, Essex County College .............. 22.44
5. Steve Jones, Bunsen JC ......................................... 22.56
6. Jamee Broughton, Ranger JC ............................. 22.63

HIGH JUMP
1. Milton Baker, Sante Fe CC ...................................... 2.22 (7-3 1/4)
2. Calvin Pascall, Dixie College ................................ 2.16 (7-1"
3. Sherman Washington, Hill JC ........................... 2.08 (6-10"
4. Bruce Ray, Mesa CC .............................................. 2.06 (6-10"
5. Joel Light, Barton County CC ............................... 2.06 (6-10"
6. Tom Leek, Hutchinson CC ................................. 2.06 (6-10"

POLE VAULT
1. Paul Pilla, St. Louis CC/Meramec ............................ 4.85 (15-11"
2. Mike Mason, Central Arizona College ................. 4.70 (15-6"
3. Rick Anacker, Lithan-Century CC ...................... 4.55 (14-11"
4. Richard Williams, Odessa College ....................... 4.55 (14-11"
5. David McGuire, Hutchinson CC .......................... 4.55 (14-11"
6. Kim Stewart, Cloud County CC .......................... 4.55 (14-11"
7. Wayne Flowers, New Mexico JC ....................... 4.55 (14-11"

400 METER DASH
1. Ron Thomas, Central Arizona College .................... 47.40
2. Felix Madixi, Essex County College ...................... 47.47
3. Mike Paul, Essex County College ....................... 47.75
4. Steve Perry, Hagerstown JC .............................. 47.75
5. Mike Ricks, Hutchinson CC ................................ 47.84
6. David Schelbe, Odessa College ......................... 48.7
TRIPLE JUMP
1. Steve Combs, Garden City CC ............... 15.25m (50- ½)
2. John Dennis, Brevard JC .................. 14.93m (48-11¾)
3. Emmanuel Opobour, Ranger JC .......... 14.86m (48- 9)
4. Toreid Lindvigsmeen, Allegheny CC .... 14.60m (48- ¾)
5. Brian Colon, Kansas City Kansas CC . 13.99m (45-10⅜)
6. James McDaniel, Parkland College ...... 13.94m (45- 8¾)

1500 METER RUN
1. Ben Mokos, New Mexico JC ............... 3:55.67
2. Charles Braughton, Brevard CC ........... 3:56.69
3. Toreid Lindvigsmeen, Allegheny CC .... 3:56.05
4. Clay Sigmen, Mesa CC .................... 3:56.10
5. Allen Easmon, Glendale CC ............... 3:56.47
6. Jimmy Futch, Seminole CC ................. 3:56.70

400 METER RELAY
1. Essex County College ................. *40.68
2. Odessa College ......................... 40.81
3. Sante Fe CC .................. 41.18
4. Garden City CC ........... 41.21
5. Ranger JC .................. 41.47
6. Hingerstown JC ........... 41.51

SHOT PUT
3. Dennis Graham, Cloud Co. CC ...... 15.52
4. Chris Bolliger, Clarkam CC ....... 15.48
5. Leslie Soto, South Plains College 15.47
6. Keith Kanavel, Phoenix College 15.46

3000 STEEPLECHASE
1. Amos Korir, Allegheny CC ............... *8:58.1
Julius Oguro, New Mexico JC .... 9:00.9
Terry Johnson, New Mexico JC .... 9:17.7
Paul Pilkinson, S. Idaho, Col .. 9:26.9
Art Menchaca, Pima JC ........ 9:28.1
David Hall, Brevard JC .......... 9:30.4

5000 METER RUN
1. Larry Sims, South Plains Col 14:42.51
2. Malcolm East, Allegheny CC .... 14:45.2
3. James Rotich, Allegheny CC .... 14:45.99
4. Julius Oguro, New Mexico JC 14:46.29
5. Robert Lopes, Glendale CC .... 15:12.5
6. Allen Estrada, Glendale CC .... 15:25.5

*NJCAA Meet Record

FINAL TEAM STANDINGS
1. Essex County College ............... 60
2. Central Arizona College ........... 42
3. Allegheny CC .................. 41
Ranger Junior College .... 41
New Mexico Junior College .... 36¾
Rick's College ........ 38
Mesa Community College .... 38
Garden City CC ........ 26
Hillsborough CC ........ 24
South Plains College .... 24
11. Santa Fe CC ........ 20
12. St. Louis CC/Meramec .... 19
13. Lane Community College .... 18
Seminole CC ........ 18
S. Idaho, College of .......... 18
16. Hingerstown JC .... 17
17. Brevard JC ........ 12
18. Butler Co. Col./Kansas .... 12
19. Odessa College ........ 11¼
20. Miami-Dade CC/South .... 10

JAVELIN
1. Jari Keilus, Rick's College ............. 73.32 (241-2)
2. Brath Breen, Lane CC ............. 67.36 (221-0)
3. Tim Robinson, S. Idaho, College of .... 64.32 (211-0)
4. Bob Wallace, Pratt CC ........... 63.44 (209-9)
6. Ricky Caskrey, Odessa College .... 62.40 (204-9)

DISCUS
2. Clayton Sexton, Rick's College .... 16:56 (165-6)
3. Charlie Keenan, Lane CC ....... 16:52 (163-4)
4. Eric Joseph, Sante Fe CC ...... 16:36 (158-8)
5. Harry Glenn, Seminole CC .... 16:10 (157-10)
6. John Graves, SUNY-Morrisville .... 16:04 (156-3)

The One-Plus report card really shines, right down to the bottom line.

High marks for low marks. That's the One-Plus technical report and here are the reasons why.

One-Plus is a metal cross-linked floor polish with high solids content for long life. It eliminates frequent restriping, saving labor and materials, and dries quickly to a slip-resistant high gloss without buffing. (In fact, the lustre of two coats of One-Plus is equal to four coats of some products.) And its urine resistance makes it ideal for floors in restrooms, patient baths, and nursing homes.

We'd like to tell you more about One-Plus. Drop us a note for complete technical information.

Hillyard Floor Treatments, 302 North Fourth Street, St. Joseph, Missouri 64502 (816) 243-1321.
Clackamas Community College Wins Women's Track and Field Championship

Clackamas Community College of Oregon City, Oregon won the 1978 NJCAA women's track and field championship held at Champaign, Illinois. Golden Valley Lutheran College of Apple Valley, Minnesota was second with Central Oregon Community College of Bend, Oregon, third.

Jacqueline Below of Lorain County Community College, Lorain, Ohio was the individual high point athlete of the meet.

FINAL TEAM STANDINGS

1. Clackamas CC 66
2. Golden Valley Lutheran 52 1/3
3. Central Oregon CC 46
4. Dodge City CC 46
5. Glendale CC 54
6. Hillsborough CC 27 1/3
7. Mesa CC 21
8. Southwestern Oregon CC 20
9. Lorain County CC 18
10. Ocean County College 12 1/3
11. North Dakota State 12
12. North Dakota State 10
13. Phoenix College 10
14. Ranger JC 10
15. Santa Fe 10
16. Queensborough CC 9
17. Chehawkeeta CC 8
18. Macomb County CC 8
19. Pratt JC 8
20. Blue Mountain CC 6
21. Flathead Valley 6
22. Suffolk County CC 6
23. Erie CC 5
24. Cuyahoga CC West 4
25. North Dakota, Univ. of Williston 4
26. Barton CC 4
27. Cloud County CC 4
28. Jim-Benton CC 4
29. Bismarck JC 1
30. Bismarck JC 1
31. Neosho County JC 1
32. Southwestern Michigan JC 1
33. Hagerstown JC 1
34. Middlesex CC 1

INDIVIDUAL STANDINGS

1500 METER RUN
1. Sandy Manley, Phoenix College 4:39.73
2. Brenda Cardin, Central Oregon CC 4:42.22
3. Terri Wagner, Golden Valley Lutheran 4:43.13
4. Diana Chalfant, Central Oregon CC 4:45.30
5. Becky Oberfoell, North Dakota State 4:47.67
6. Linda Rogers, Erie CC 4:49.8

100 METER HURDLES
1. Knut Penn, Mesa CC 14.4
2. Lisa Hanson, Golden Valley Lutheran 14.5
3. Shelley Harris, Glendale CC 14.6
4. Jeannette Bradley, Hillsboro CC 14.6
5. Ramona Sievert, Golden Valley Lutheran 14.7
6. Carla Mann, Glendale CC 14.7

3000 METER
1. Brenda Cardin, Central Oregon CC 10:03.78
2. Margaret Cooke, Chehawkeeta CC 10:08.96
3. Joan Gallo, Suffolk County CC 10:11.73
4. Linda Rogers, Erie CC 10:22.4
5. Becky Clairmont, Bismarck JC 10:23.3
6. Pat McCarty, Middlesex CC 10:23.8

100 METER DASH
1. Jacqueline Below, Lorain County CC 12.04
2. Regina Jordan, Clackamas CC 12.05
3. Rachel Rodgers, Clackamas CC 12.42
4. Pat Miller, Dodge City CC 12.45
5. Therese McKenzie, SW Michigan JC 12.60
6. Krista Ellisworth, Mesa CC 12.68

HIGH JUMP
1. Joan Brokhaus, N.D., Univ. of Williston 5-6
2. Kathy Ballard, Macomb County JC 5-6
3. Donna Gilmour, Clackamas CC 5-6
4. Rainia Schwab, Golden Valley Lutheran 5-6
5. Diana Xapax, North Idaho College 5-6
6. Sheri Alcorn, Mesa CC 5-6

SPRINT MEDLEY
1. Golden Valley Lutheran 1:50.00
2. Clackamas CC 1:50.00
3. Ranger JC 1:51.2
4. Dodge City CC 1:51.3
5. Glendale CC 1:51.5
6. Mesa CC 1:51.8
Allegheny CC Represents USA At the First World University Cross Country Championships

Allegheny CC of Allegheny, Pennsylvania, represented the United States of America in the First World University Cross Country Championship held in Lausanne, Switzerland, in April of 1978.

Coach Neil Cohen on his return had this to say about the meet: “Upon our arrival in Geneva, the Meet Director, Karl Nesser, met us and saw to it that we were checked into the meet headquarters hotel and that our entries were in proper order. The Swiss officials could not have been more courteous to us; they were available at all times and spent endless hours showing us hospitality which had NO limits. The student aides who did a ‘lion’s share’ of the work were truly professionals and a credit to the University of Lausanne.

“The day-to-day contact with athletes of all the nations in the competition was an ongoing thrill for all of us. Sightseeing walks throughout the centuries old city and formal and informal gatherings each day made the actual competition enjoyable for everyone connected with the event.

“The competition itself was of such a high caliber that to be a part of it made our athletes better runners. While we did not win, neither did we nor any nation lose. Our ninth place finish was an accomplishment, one which we hope will be a starting point for our nation’s next entry into this event.”

The NJCAA offers its heartiest congratulations to Coach Neil Cohen and his Allegheny team for a job well done.