

2005 NJCAA Division III Men's & Women's Outdoor Track & Field National Championship May 12-14; SUNY-Delhi, N.Y.

Men's

Team Results

Finish	College, State	Points
1	SUNY-Delhi College of Technology, N.Y.	160.5
2	Mohawk Valley Community College, N.Y.	87.0
3	SUNY-Cobleskill, N.Y.	76.0
4	William Rainey Harper College, Ill.	73.0
5	College of DuPage, Ill.	71.0
6	Howard Community College, Md.	68.0
7	Alfred State College, N.Y.	52.0
8	Kingsborough Community College, N.Y.	46.0
9	Gloucester County Community College, N.J.	35.0
10	Erie Community College, N.Y.	30.0
11	Nassau Community College, N.Y.	29.0
12	Community College of Rhode Island	28.5
13	Bronx Community College, N.Y.	28.0
14	Thaddeus Stevens College of Technology, Pa.	16.0
15	Dutchess Community College, N.Y.	13.0
16	Queensborough Community College, N.Y.	11.0
17	Herkimer County Community College, N.Y.	8.0
17	Cumberland County College	8.0
17	Morrisville State, N.Y.	8.0

Women's

Team Results

Finish	College, State	Points
1.	SUNY Delhi College of Technology, N.Y.	125.0
2.	SUNY Cobleskill, N.Y.	121.0
3.	Mohawk Valley Community College, N.Y.	102.0
4.	Community College of Rhode Island	93.0
5.	College of DuPage, Ill.	80.0
6.	Bronx Community College, N.Y.	56.0
7.	Herkimer County Community College, N.Y.	45.0
8.	William Rainey Harper College, Ill.	37.0
9.	Kingsborough Community College, N.Y.	36.0
10.	Alfred State College, N.Y.	35.0
11.	Queensborough Community College, N.Y.	30.0
12.	Columbus State Community College, Ohio	26.0
13.	Morrisville State College, N.Y.	22.0
14.	Erie Community College, N.Y.	19.0
15.	Cumberland County College	9.0
15.	Nassau Community College, N.Y.	9.0

Individual Results

100-Meter Dash

Pl. Name	College	Time
1 Philippe DeRosier	Howard	10.86
2 Michael Richardson	William Rainey Harper	11.13
3 Tyrone Crosby	Bronx	11.29

200-Meter Dash

Name	College	Time
DeRosier, Philippe	Howard	21.20
Whitaker, Donald	Howard	22.22
Bierenger, Matt	Nassau	22.32

800-Meter Run

Pl. Name	College	Time
1 Johnny Baez	SUNY-Delhi	1:55.05
2 Ray Miley	Kingsborough	1:58.44
3 Dan Haggerty	SUNY-Delhi	1:58.47

1,500-Meter Run

Pl. Name	College	Time
1 Johnny Baez	SUNY-Delhi	4:16.74
2 Jason Cebula	SUNY-Delhi	4:17.07
3 Michael Cebula	SUNY-Delhi	4:17.29

5,000-Meter Run

Pl. Name	College	Time
1 Andy Forma	Erie	15:47.03
2 Jason Cebula	SUNY-Delhi	15:51.96
3 Rick Dunbar	SUNY-Delhi	16:17.14

10,000-Meter Run

Pl. Name	College	Time
1 Lukas Aeschlimann	Mohawk Valley	34:05.87
2 Rick Dunbar	SUNY-Delhi	34:06.30
3 Jamie Julia	SUNY-Cobleskill	34:10.03

110-Meter Hurdles

Pl. Name	College	Time
1 Collise Ray	Mohawk Valley	15.57
2 Mark Unciano	DuPage	15.74
3 Adam Wilson	SUNY-Delhi	15.97

400-Meter Hurdles

Pl. Name	College	Time
1 Adam Wilson	SUNY-Delhi	54.40
2 Mike Padula	SUNY-Delhi	54.95
3 Lindel Pope	Kingsborough	55.18

300-Meter Steeplechase

Pl. Name	College	Time
1 Andy Forma	Erie	# 9:28.51
2 Dan Haggerty	SUNY-Delhi	9:33.90
3 Jesse Caprotti	SUNY-Delhi	9:54.01

4 x 100-Meter Relay

Pl. College	Time	
1 Mohawk Valley	42.83	
1. Larry Pearson	2. Justin Pearson	
3. Jason Pearson	4. Rob Zeigler	
2 Bronx	43.11	
3 Howard	43.85	

4 x 400-Meter Relay

Pl. College	Time	
1 Mohawk Valley	3:18.57	
1. Justin Pearson	2. Larry Pearson	
3. Jason Pearson	4. Rob Zeigler	
2 Kingsborough	3:19.15	
3 SUNY-Delhi	3:22.22	

4 x 800-Meter Relay

Pl. Name	College	Time
1 SUNY-Delhi		7:54.89
1. Johnny Baez	2. Jason Cebula	
3. Dan Haggerty	4. Keith Romero	
2 Kingsborough		8:04.12
3 Rhode Island		8:19.08

High Jump

Pl. Name	College	Distance
1 Jaimaal Munir	Rhode Island	1.91m
2 Jim Pruckno	Herkimer	1.86m
3 David Robinson	Gloucester County	1.86m

Pole Vault

Pl. Name	College	Distance
1 Tim Murray	Dutchess	4.06m
2 Vincent Santiago	Morrisville	3.91m
3 Charlie Bates	Gloucester County	3.91m

Long Jump

Pl. Name	College	Distance
1 Philippe DeRosier	Howard	6.81m
2 Tarrish Alexander	Nassau	6.74m
3 Robert Keizer	SUNY-Cobleskill	6.66m

Triple Jump

Pl. Name	College	Distance
1 Robert Keizer	SUNY-Cobleskill	14.43m
2 Tarrish Alexander	Nassau	13.70m
3 Jordan Breaux	William Rainey Harper	13.20m

Shot Put

Pl. Name	College	Distance
1 Duane Sanders	Gloucester County	# 16.59m
2 Scott Block	DuPage	16.37m
3 Roy Magana	William Rainey Harper	14.87m

Discus Throw

Pl. Name	College	Distance
1 Scott Block	DuPage	44.51m
2 Roy Magana	William Rainey Harper	40.08m
3 Joe Mason	Alfred State	39.10m

Hammer Throw

Pl. Name	College	Distance
1 Anton Walczak	William Rainey Harper	# 51.81m
2 Jon Slegona	SUNY-Cobleskill	48.60m
3 Joe Mason	Alfred State	45.02m

Javelin Throw

Pl. Name	College	Distance
1 Brad Zimmerman	Thaddeus Stevens	62.49m
2 Ray Coleman	Cumberland	50.85m
3 Ryan Herlihy	William Rainey Harper	49.62m

Decathlon

Pl. Name	College	Points
1 Greg Farley	SUNY-Cobleskill	5,694
2 Chad Hedgepeth	Mohawk Valley	5,410
3 Sean DePuy	SUNY-Delhi	5,313

Individual Results

100-Meter Dash

Pl. Name	College	Time
1 Nancy Tremblay	Herkimer	13.03
2 Shonda Brinson	Queensborough	13.23
3 Precious Moore	SUNY-Delhi	13.31

200-Meter Dash

Pl. Name	College	Time
1 Alain Thomas	Kingsborough	26.23
2 Precious Moore	SUNY-Delhi	26.76
3 Sashoye Wilson	SUNY-Cobleskill	27.11

400-Meter Dash

Pl. Name	College	Time
1 Alain Thomas	Kingsborough	58.36
2 Marie Blackwood	Bronx	58.66
3 Sherilyn Nicholas	Rhode Island	1:00.29

800-Meter Run

Pl. Name	College	Time
1 Nicole Cubero	SUNY-Delhi	2:24.82
2 Marie Blackwood	Bronx	2:26.89
3 Triva Alleyne	Kingsborough	2:29.01

1,500-Meter Run

Pl. Name	College	Time
1 Nicole Cubero	SUNY-Delhi	5:06.47
2 Laura Byrnes	Morrisville	5:07.44
3 Mechainmar Zokruah	Columbus State	5:16.66

5,000-Meter Run

Pl. Name	College	Time
1 Mechainmar Zokruah	Columbus State	19:26.48
2 Sandra Barbosa	Rhode Island	19:53.06
3 Emily Bertier	SUNY-Cobleskill	20:12.63

10,000-Meter Run

Pl. Name	College	Time
1 Mechainmar Zokruah	Columbus State	40:26.94
2 Emily Bertier	SUNY-Cobleskill	42:04.95
3 Kelly Book	Erie	43:49.17

100-Meter Hurdles

Pl. Name	College	Time
1 Perry Brown	SUNY-Delhi	15.42
2 Mary Oyekoya	Rhode Island	16.44
3 Leslie Martin	SUNY-Cobleskill	16.92

400-Meter Hurdles

Pl. Name	College	Time
1 Perry Brown	SUNY-Delhi	1:04.97
2 Maria Case	Mohawk Valley	1:05.15
3 Leslie Martin		

3,000-Meter Steeplechase

Pl. Name	College	Time
1 Emily Bertier	SUNY-Cobleskill	13:15.77
2 Megan Dever	Mohawk Valley	13:35.17
3 Megan Schiogar	Herkimer	13:35.52

4 x 100-Meter Relay

Pl. College	Time	
1 SUNY-Delhi	50.41	
1. Precious Moore	2. Perry Brown	
3. Nicole Cubero	4. Cassi Williams	
2 Queensborough	51.49	
3 SUNY-Cobleskill	52.68	

4 x 400-Meter Relay

Pl. College	Time	
1 SUNY-Delhi	4:08.64	
1. Melissa Healey	2. Perry Brown	
3. Nicole Cubero	4. Cassi Williams	
2 Queensborough	4:16.81	
3 SUNY-Cobleskill	4:18.16	

4 x 800-Meter Relay

Pl. Name	College	Time
1. Mohawk Valley		10:18.41
1. Maria Case	2. Latara Daniels	
3. Mir Geccaj	4. Megan Dever	
2 SUNY-Delhi		10:19.47
3 Rhode Island		10:42.84

High Jump

Pl. Name	College	Distance
1 Leslie Martin	SUNY-Cobleskill	1.58m
2 Keeley Forner	William Rainey Harper	1.58m
3 Sherilyn Nicholas	Rhode Island	1.53m

Pole Vault

Pl. Name	College	Distance
1 Cathy Braun	DuPage	2.72m
2 Leslie Martin	SUNY-Cobleskill	2.57m
3 Sachyra tiles	William Rainey Harper	2.57m

Long Jump

Pl. Name	College	Distance
1 Alain Thomas	Kingsborough	5.14m
2 Cassi Williams	SUNY-Delhi	5.11m
3 Sashoye Wilson	SUNY-Cobleskill	5.05m

Triple Jump

Pl. Name	College	Distance
1 Sashoye Wilson	SUNY-Cobleskill	11.32m
2 Latara Daniels	Mohawk Valley	11.18m
3 Yanique harpe	Bronx	11.01m

Shot Put

Pl. Name	College	Distance
1 Jasmime Jennings	Rhode Island	11.57m
2 Jamie Fellenz	DuPage	11.49m
3 Kristen Ruge	DuPage	11.39m

Discus

Pl. Name	College	Distance
1 Janay Fellenz	DuPage	36.40m
2 Kalyn Wille	Mohawk Valley	34.96m
3 Jamie Fellenz	DuPage	34.46m

Hammer Throw

Pl. Name	College	Distance
1 Jasmime Jennings	Rhode Island	# 51.72m
2 Caitlin Eliaszewskij	Mohawk Valley	39.78m
3 Caitlin Eliaszewskij	Alfred State	35.94m

Javelin Throw

Pl. Name	College	Distance
1 Jenelle Charles	Bronx	30.75m
2 Caitlin Eliaszewskij	Alfred State	30.32m
3 Jasmime Jennings	Rhode Island	29.46m

Heptathlon

Pl. Name	College	Points
1 Leslie Martin	SUNY-Cobleskill	3,868
2 Sherilyn Nicholas	Rhode Island	3,408
3 Kara-Kadesha Thompson	SUNY-Cobleskill	3,053

Meet Record

Complete Results can be found at www.njcaa.org