2004 TEAM RESULTS

1 SUNY-Delhi, N.Y. 148.5
2 College of DuPage, Ill. 105.0
3 William Rainey Harper College, Ill. 87.0
4 Howard Community College, Md. 73.0
5 Alfred State College, N.Y. 72.0
6 SUNY-Cobleskill, N.Y. 66.5
7 Kingsborough Community College, N.Y. 50.0
8 Community College of Rhode Island 48.0
9 Suffolk County Comm. College-Grant, N.Y. 45.0
10 Bergen Community College, N.J. 44.0
11 Mohawk Valley Community College, N.Y. 28.0
12 Thaddeus Stevens College of Technology, Pa. 23.0
13 SUNY-Morrisville, N.Y. 18.0
14 Erie Community College, N.Y. 12.0

100 Meter Dash
1. Philippe Broches, Howard Community College, Md. 10.94
2. Terry Hillen, William Rainey Harper College, Ill. 11.26
3. Vincent Guile, Suffolk County Community College-Grant, N.Y. 11.36
4. Lawrence Adams, Community College of Rhode Island 11.38
5. Clyde Hunsifer, Thaddeus Stevens College of Technology, Pa. 11.44
6. Keith Fox, SUNY-Cobleskill, N.Y. 11.46
7. Quinelle Sargent, Thaddeus Stevens College of Technology, Pa. 11.56
8. Evan McKinn, Kingsborough Community College, N.Y. 11.81

200 Meter Dash
1. Philippe Broches, Howard Community College, Md. 21.67
2. Larrie Hughes, Kingsborough Community College, N.Y. 22.09
3. Vincent Guile, Suffolk County Community College-Grant, N.Y. 22.59
4. Lawrence Adams, Community College of Rhode Island 22.64
5. James Reed, Erie Community College, N.Y. 22.76
6. Keith Fox, William Rainey Harper College, Ill. 22.82
7. Matt Bridges, Nassau Community College, N.Y. 22.96
8. Mick Pucci, Kingsborough Community College, N.Y. 23.29

400 Meter Dash
1. Larry Houts, Howard Community College, Md. 44.31
2. Justin Dalton, Community College of Rhode Island 45.21
3. Alan Capers, Howard Community College, Md. 45.61
4. Javors Thompson, SUNY-Cobleskill, N.Y. 47.73
5. John Brown, College of DuPage, Ill. 47.83
6. Mike Pucci, SUNY-Cobleskill, N.Y. 48.22
7. Will Reaves, College of DuPage, Ill. 48.38
8. Andrew Williams, Alfred State College, N.Y. 01:05.1

400 Meter Relay
1. Jason Burton, College of DuPage, Ill. 3:13.67
3. Lawrence Adams, Community College of Rhode Island 3:13.57
5. Andrew Carroll, College of DuPage, Ill. 3:13.39
7. Donny McKinley, SUNY-Days, N.Y. 3:13.43
8. Nick DiCamillo, SUNY-Morrisville 3:12.66

800 Meter Run
1. Justin Wood, SUNY-Delhi, N.Y. 01:54.59
2. Kevin Harrah, Mohawk Valley Community College, N.Y. 01:56.39
3. Johnny Baier, SUNY-Cobleskill, N.Y. 01:57.53
4. Bill Beall, Nassau Community College, N.Y. 01:57.87
5. Nicholas Harris, Bergen Community College, N.J. 01:59.00
6. Joseph Ortiz, Bergen Community College, N.J. 02:00.30
7. Dustin Guerrero, College of DuPage, Ill. 02:01.91
8. Mike Angulo, SUNY-Delhi, N.Y. 02:07.63

Men's 1 Mile Run
1. Jason Burton, College of DuPage, Ill. 4:00.87
2. Larry Hughes, Howard Community College, Md. 4:01.96
3. Kevin Harrah, Mohawk Valley Community College, N.Y. 4:01.96
4. Bill Beall, Nassau Community College, N.Y. 4:06.19
5. John Brown, College of DuPage, Ill. 4:07.40
6. Mike Angulo, SUNY-Delhi, N.Y. 4:08.77
7. Tony Lantos, William Rainey Harper College, Ill. 4:09.22
8. Nitin Sengupta, Mohawk Valley Community College, N.Y. 04:12.00

Men's 5,000 Meter Run
1. Justin Wood, SUNY-Delhi, N.Y. 15:25.80
2. Andy Forrester, Erie Community College, N.Y. 15:45.99
3. Kieren Russell, SUNY-Cobleskill, N.Y. 15:46.73
4. Michael Golub, SUNY-Days, N.Y. 15:46.73
5. Justin Wood, SUNY-Days, N.Y. 15:46.73
6. Donnie McNab, SUNY-Days, N.Y. 15:46.73
7. Nitin Sengupta, Mohawk Valley Community College, N.Y. 15:46.73
8. Nitin Sengupta, Mohawk Valley Community College, N.Y. 15:46.73

Men's High Jump
1. Jason Burton, College of DuPage, Ill. 7.00
2. Larry Hughes, Howard Community College, Md. 6.94
3. Kevin Harrah, Mohawk Valley Community College, N.Y. 6.94
4. Bill Beall, Nassau Community College, N.Y. 6.94
5. John Brown, College of DuPage, Ill. 6.94
6. Mike Angulo, SUNY-Delhi, N.Y. 6.94
7. Tony Lantos, William Rainey Harper College, Ill. 6.94
8. Nitin Sengupta, Mohawk Valley Community College, N.Y. 6.94

Men's Discus Throw
1. Steven Dotson, William Rainey Harper College, Ill. 48.91
2. Scott Block, College of DuPage, Ill. 45.11
3. Matt Neumann, Alfred State College, N.Y. 37.83
4. Randy Bednarczyk, Bergen Community College, N.J. 37.64
5. Elliott Weck, College of DuPage, Ill. 37.68
7. Michael Mrazek, William Rainey Harper College, Ill. 35.81
8. Anwar Watson, William Rainey Harper College, Ill. 35.49

Men's Javelin Throw
1. Reid Tannenbaum, Thaddeus Stevens College of Technology, Pa. 64.02
2. Randy Bednarczyk, Bergen Community College, N.J. 57.86
3. Joel Foster, SUNY-Delhi, N.Y. 57.86
4. Jarrod Merle, Alfred State College, N.Y. 50.85
5. Matt Sheehan, Alfred State College, N.Y. 44.22
6. Mach Mambo, William Rainey Harper College, Ill. 43.08
7. Michael Mrazek, William Rainey Harper College, Ill. 42.56
8. Justin Rodkin, College of DuPage, Ill. 42.22

Men's Shot Put
1. Scott Block, College of DuPage, Ill. 16.20
2. Joel Foster, SUNY-Delhi, N.Y. 16.48
4. Joel Foster, SUNY-Delhi, N.Y. 13.78
5. Dan Repp, Alfred State College, N.Y. 12.50
6. Tim Phillips, College of DuPage, Ill. 12.42
7. Matt Sheehan, Alfred State College, N.Y. 12.30

Men's 3,000 Meter Steeplechase
1. Miguel Reyes, Alfred State College, N.Y. 8:39.10
2. Dan Haggerty, SUNY-Delhi, N.Y. 8:40.66
3. James Johns, SUNY-Cobleskill, N.Y. 8:42.07
4. James Gugliotti, SUNY-Delhi, N.Y. 8:43.64
5. Kurt Braunson, SUNY-Delhi, N.Y. 8:45.57
6. Kavon Shaumes, SUNY-Cobleskill, N.Y. 8:47.26
7. Greg Eraths, SUNY-Cobleskill, N.Y. 8:47.90
8. Kevin Allin, SUNY-Delhi, N.Y. 8:49.28

Men's 4 x 100 Meter Relay
1. William Rainey Harper College, Ill. 43.02
2. College of DuPage, Ill. 43.32
3. Community College of Rhode Island 43.89
4. Suffolk County Community College-Grant, N.Y. 44.04
5. Queensborough Community College, N.Y. 45.22
6. SUNY-Days, N.Y. 45.34
7. Bergen Community College, N.J. 44.94
8. SUNY-Cobleskill, N.Y. 45.59

4 x 400 Meter Relay
1. Kingsborough 03:19.34
2. Kieren Russell, Ray Allen, Larrie Adams, Alfred State College, N.Y. 03:22.02
3. Suffolk County Community College-Grant, N.Y. 03:24.58
4. Queensborough Community College, N.Y. 03:25.08
5. College of DuPage, Ill. 03:24.77
6. Community College of Rhode Island 03:25.25
7. Bergen Community College, N.J. 03:27.05
8. SUNY-Days, N.Y. 03:27.08

Men's Track Athlete of the Meet
Justin Wood - SUNY-Delhi, N.Y.

Men's Field Athlete of the Meet
Jon Foster - Delhi, N.Y.

Men's Coach of the Year
Steve Mussettman - Howard Community College, Md.

Men's Coach of the Meet
Rob Backs - Del., N.Y.
COLLEGE OF DuPAGE REPEATS AS WOMEN’S DIVISION III TRACK & FIELD CHAMPIONS

2004 NJCAA Women’s Division III Outdoor Track & Field Championship • DELHI, N.Y.

2004 TEAM RESULTS

<table>
<thead>
<tr>
<th>Rank</th>
<th>College</th>
<th>Points</th>
</tr>
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<tbody>
<tr>
<td>1</td>
<td>College of DuPage, Ill.</td>
<td>129.0</td>
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<td>2</td>
<td>SUNY-Delhi, N.Y.</td>
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<td>Alfred State College, N.Y.</td>
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<td>Community College of Rhode Island</td>
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<td>Bergen Community College, N.J.</td>
<td>54.0</td>
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<td>7</td>
<td>SUNY-Morrisville, N.Y.</td>
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<td>SUNY-Cobleskill, N.Y.</td>
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<td>9</td>
<td>Herkimer County Comm College, N.Y.</td>
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<td>10</td>
<td>Erie Community College, N.Y.</td>
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<td>11</td>
<td>Middlesex County College, N.J.</td>
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<td>12</td>
<td>William Rainey Harper, Ill.</td>
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<td>13</td>
<td>Bronx Community College, N.Y.</td>
<td>5.0</td>
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<td>14</td>
<td>Howard Community College, Md.</td>
<td>1.5</td>
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3,000-Meter Steeplechase

<table>
<thead>
<tr>
<th>Rank</th>
<th>Runner</th>
<th>Points</th>
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<tbody>
<tr>
<td>1</td>
<td>Ashley Brown, College of DuPage, Ill.</td>
<td>119.6</td>
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<tr>
<td>2</td>
<td>Maria Boudrias, Bergen Community College, N.Y.</td>
<td>119.5</td>
</tr>
<tr>
<td>3</td>
<td>Brooke Butler, Rockland Community College, N.Y.</td>
<td>119.4</td>
</tr>
<tr>
<td>4</td>
<td>Rachel Burkey, William Rainey Harper, Ill.</td>
<td>119.3</td>
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<tr>
<td>5</td>
<td>Destiny McDaniel, Rockland Community College, N.Y.</td>
<td>119.2</td>
</tr>
<tr>
<td>6</td>
<td>Ashley Goodenough, Bergen Community College, N.Y.</td>
<td>119.1</td>
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<tr>
<td>7</td>
<td>Ashley Goodenough, Bergen Community College, N.Y.</td>
<td>119.0</td>
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<td>8</td>
<td>Ashley Goodenough, Bergen Community College, N.Y.</td>
<td>118.9</td>
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4 x 100-Meter Relay

<table>
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<th>Rank</th>
<th>Team</th>
<th>Points</th>
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<tbody>
<tr>
<td>1</td>
<td>SUNY-Delhi, N.Y.</td>
<td>49.3</td>
</tr>
<tr>
<td>2</td>
<td>SUNY-Oswego, N.Y.</td>
<td>51.9</td>
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<td>3</td>
<td>SUNY-Cobleskill, N.Y.</td>
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<td>4</td>
<td>SUNY-Cobleskill, N.Y.</td>
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<td>53.2</td>
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<tr>
<td>6</td>
<td>SUNY-Cobleskill, N.Y.</td>
<td>53.3</td>
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<td>SUNY-Cobleskill, N.Y.</td>
<td>53.5</td>
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4 x 400-Meter Relay

<table>
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<th>Rank</th>
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<th>Points</th>
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<tbody>
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<td>1</td>
<td>SUNY-Delhi, N.Y.</td>
<td>4:19.2</td>
</tr>
<tr>
<td>2</td>
<td>SUNY-Delhi, N.Y.</td>
<td>4:21.3</td>
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<tr>
<td>3</td>
<td>SUNY-Delhi, N.Y.</td>
<td>4:21.6</td>
</tr>
<tr>
<td>4</td>
<td>SUNY-Delhi, N.Y.</td>
<td>4:21.7</td>
</tr>
<tr>
<td>5</td>
<td>SUNY-Delhi, N.Y.</td>
<td>4:21.8</td>
</tr>
<tr>
<td>6</td>
<td>SUNY-Delhi, N.Y.</td>
<td>4:21.9</td>
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<tr>
<td>7</td>
<td>SUNY-Delhi, N.Y.</td>
<td>4:22.0</td>
</tr>
<tr>
<td>8</td>
<td>SUNY-Delhi, N.Y.</td>
<td>4:22.1</td>
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High Jump

<table>
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<th>Rank</th>
<th>Runner</th>
<th>Points</th>
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<tbody>
<tr>
<td>1</td>
<td>Ashley Brown, College of DuPage, Ill.</td>
<td>1.63m</td>
</tr>
<tr>
<td>2</td>
<td>Jennifer Mallard, College of DuPage, Ill.</td>
<td>1.61m</td>
</tr>
<tr>
<td>3</td>
<td>Trinity Elder, Rockland Community College, N.Y.</td>
<td>1.49m</td>
</tr>
<tr>
<td>4</td>
<td>Jennifer Mallard, College of DuPage, Ill.</td>
<td>1.48m</td>
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<tr>
<td>5</td>
<td>Jennifer Mallard, College of DuPage, Ill.</td>
<td>1.47m</td>
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<tr>
<td>6</td>
<td>Ashley Brown, College of DuPage, Ill.</td>
<td>1.46m</td>
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<td>7</td>
<td>Ashley Brown, College of DuPage, Ill.</td>
<td>1.45m</td>
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<td>8</td>
<td>Ashley Brown, College of DuPage, Ill.</td>
<td>1.44m</td>
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Women’s Track Athlete of the Meet
Ashley Brown • College of DuPage, Ill.

Women’s Field Event Athlete of the Meet
Stacey Esgut • Rockland Community College, N.Y.

Women’s Coach of the Year
Sharon Howell • Rockland Community College, N.Y.

Women’s Coach of the Meet
Jase Vatnich • College of DuPage, Ill.

JUCC REVIEW - SEPTEMBER, 2004