

# SUNY-Delhi Capture Men's Division III Outdoor Track & Field Title

## Team Results

1. SUNY-Delhi, NY	173
2. Alfred State College, NY	163.50
3. William Rainey Harper College, Palatine, IL	96
4. College of DuPage, Glen Ellyn, IL	71.50
5. Mohawk Valley CC, Utica, NY	64
6. Montgomery College-Rockville, MD	44
7. Southwestern Indian Polytechnic Institute, Albuquerque, NM	36
8. SUNY-Morrisville, NY	35
9. Middlesex County College, Edison, NJ	23
10. Bergen CC, Paramus, NJ	20
11. Columbus State CC, Columbus, OH	18
12. Thaddeus Stevens College of Tech., Lancaster, PA	17
13. Nassau CC, Garden City, NY	17
14. Gloucester County College, Sewell, NJ	14
15. Madison Area Technical College, WI	13
16. Queensborough CC, Bayside, NY	13
17. Howard CC, Columbia, MD	12
18. SUNY-Cobleskill, NY	10
19. Herkimer County CC, Herkimer, NY	6
20. CC of Rhode Island, Warwick, RI	3

## 100 Meter Dash

1. Marvin Elmore, SUNY-Delhi, NY	10.95
2. Gabriel Rivera, College of DuPage, Glen Ellyn, IL	11.21
3. Thomas Alston, Alfred State College, NY	11.37
4. Derrick Harper, Alfred State College, NY	11.37
5. Dennis Jefferson, Columbus State CC, Columbus, OH	11.37
6. Kieron Guischard, Middlesex County College, Edison, NJ	11.40
7. Sean Basley, Montgomery College-Rockville, MD	11.45
8. Joe Burzinski, Bergen CC, Paramus, NJ	11.81

## 200 Meter Dash

1. Thomas Alston, Alfred State College, NY	22.10
2. Marvin Elmore, SUNY-Delhi, NY	22.15
3. Gabriel Rivera, College of DuPage, Glen Ellyn, IL	22.58
4. Derrick Harper, Alfred State College, NY	22.78
5. Kevin Johnston, SUNY-Delhi, NY	22.78
6. Sean Basley, Montgomery College-Rockville, MD	22.81
7. Don Sica, William Rainey Harper College, Palatine, IL	22.99
8. Richie Francis, Herkimer County CC, Herkimer, NY	23.98

## 400 Meter Dash

1. Travis Thompson, Alfred State College, NY	50.46
2. Richie Francis, Herkimer County CC, Herkimer, NY	50.47
3. Brandon Armstrong, Columbus State CC, Columbus, OH	51.43
4. Chris Loa, Bergen CC, Paramus, NJ	51.62
5. Don Sica, William Rainey Harper College, Palatine, IL	52.02
6. Jermaine Hampton, Montgomery College-Rockville, MD	52.19
7. Errol Stapleton, Alfred State College, NY	52.51
8. Dan Stevens, Nassau CC, Garden City, NY	52.54

## 800 Meter Run

1. Asaad Alghazali, William Rainey Harper College, Palatine, IL	1:58.76
2. Dan Chambers, Alfred State College, NY	1:58.78
3. Brent Reltter, Southwestern Indian Polytechnic Institute, Albuquerque, NM	1:59.44
4. Adrian Stone, Alfred State College, NY	2:00.80
5. Steve Teeter, SUNY-Delhi, NY	2:01.44
6. Matt Timmolla, Howard CC, Columbia, MD	2:01.66
7. Joshua Bellis, Mohawk Valley CC, Utica, NY	2:03.44
8. Brandon Parlante, Nassau CC, Garden City, NY	2:05.24

## 1500 Meter Run

1. Steve Teeter, SUNY-Delhi, NY	4:03.22
2. Ahmed Alghazali, William Rainey Harper College, Palatine, IL	4:04.06
3. Brent Reltter, Southwestern Indian Polytechnic Institute, Albuquerque, NM	4:05.77
4. Chris Naimoli, Gloucester County College, Sewell, NJ	4:09.26
5. Joshua Bellis, Mohawk Valley CC, Utica, NY	4:12.91
6. Jeremy Cornue, SUNY-Delhi, NY	4:13.80
7. Phil Jackson, SUNY-Delhi, NY	4:15.04
8. Christopher Dyer, Howard CC, Columbia, MD	4:18.86

## 3000 Meter Steeplechase

1. Jeremy Cornue, SUNY-Delhi, NY	9:30.26
2. Joey Franklin, Southwestern Indian Polytechnic Institute, Albuquerque, NM	9:53.50
3. Jon Davis, Nassau CC, Garden City, NY	10:05.41
4. Ian Kerr, SUNY-Delhi, NY	10:06.53
5. Pat Flint, SUNY-Delhi, NY	10:15.42
6. Jon Powers, SUNY-Cobleskill, NY	10:20.07
7. John Lynch, Columbus State CC, Columbus, OH	10:27.20
8. Carson Contreras, College of DuPage, Glen Ellyn, IL	10:40.97

## 5000 Meter Run

1. Jeremy Cornue, SUNY-Delhi, NY	15:24.18
2. Chris Naimoli, Gloucester County College, Sewell, NJ	15:43.72
3. Ahmed Alghazali, William Rainey Harper College, Palatine, IL	15:50.15

4. Joey Franklin, Southwestern Indian Polytechnic Institute, Albuquerque, NM	15:58.63
5. David Hitchcock, Alfred State College, NY	16:07.08
6. Gregory Concho, Southwestern Indian Polytechnic Institute, Albuquerque, NM	16:07.08
7. Pat Flint, SUNY-Delhi, NY	16:18.35
8. Jon Berman, Nassau CC, Garden City, NY	16:20.89

## 10000 Meter Run

1. Jeremy Cornue, SUNY-Delhi, NY	33:01.65
2. Ahmed Alghazali, William Rainey Harper College, Palatine, IL	33:44.69
3. John Lynch, Columbus State CC, Columbus, OH	34:07.23
4. Gregory Concho, Southwestern Indian Polytechnic Institute, Albuquerque, NM	34:08.70
5. David Hitchcock, Alfred State College, NY	34:19.90
6. Jason King, Southwestern Indian Polytechnic Institute, Albuquerque, NM	35:03.52
7. Michael Basilio, CC of Rhode Island, Warwick, RI	35:09.49
8. Phil Jackson, SUNY-Delhi, NY	35:36.62

## 110 Meter Hurdles

1. Chris Franklin, Mohawk Valley CC, Utica, NY	14.78
2. Richard Harris, Alfred State College, NY	15.10
3. James Keller, William Rainey Harper College, Palatine, IL	15.54
4. Anthony Sokenu, Montgomery College-Rockville, MD	15.58
5. Prince Anderson, Montgomery College-Rockville, MD	15.63
6. Mike Stansfield, Bergen CC, Paramus, NJ	15.70
7. Maurice Clarke, SUNY-Delhi, NY	15.99
8. Lane Schaffer, SUNY-Delhi, NY	17.13

## 400 Meter Hurdles

1. Chris Franklin, Mohawk Valley CC, Utica, NY	53.72
2. Michael Steward, Nassau CC, Garden City, NY	54.90
3. Anthony Sokenu, Montgomery College-Rockville, MD	54.99
4. Prince Anderson, Montgomery College-Rockville, MD	55.84
5. Matt Dahlin, Mohawk Valley CC, Utica, NY	56.06
6. Brad Davis, College of DuPage, Glen Ellyn, IL	58.47
7. James Keller, William Rainey Harper College, Palatine, IL	59.72
8. Maurice Clarke, SUNY-Delhi, NY	1:03.72

## 400 Meter Relay

1. Mohawk Valley CC, Utica, NY	43.00
2. Alfred State College, NY	43.64
3. College of DuPage, Glen Ellyn, IL	43.90
4. SUNY-Delhi, NY	44.36
5. William Rainey Harper College, Palatine, IL	44.53
6. Bergen CC, Paramus, NJ	45.26
7. Middlesex County College, Edison, NJ	46.49
8. Montgomery College-Rockville, MD	DQ

## 1600 Meter Relay

1. Alfred State College, NY	3:23.33
2. Montgomery College-Rockville, MD	3:24.26
3. Queensborough CC, Bayside, NY	3:28.02
4. College of DuPage, Glen Ellyn, IL	3:30.46
5. Bergen CC, Paramus, NJ	3:31.32
6. William Rainey Harper College, Palatine, IL	3:31.39
7. Howard CC, Columbia, MD	3:37.61
8. Mohawk Valley CC, Utica, NY	DQ

## 3200 Meter Relay

1. Mohawk Valley CC, Utica, NY	8:01.84
2. Alfred State College, NY	8:03.63
3. College of DuPage, Glen Ellyn, IL	8:08.74
4. William Rainey Harper College, Palatine, IL	8:15.07
5. Howard CC, Columbia, MD	8:17.86
6. SUNY-Delhi, NY	8:23.50

## Hammer Throw

1. Gabe Fletcher, SUNY-Delhi, NY	167'07.00
2. Dan Wright, William Rainey Harper College, Palatine, IL	152'03.00
3. Jon Albano, SUNY-Delhi, NY	149'09.00
4. Tim Benson, Alfred State College, NY	148'00.00
5. Michael Sitsby, College of DuPage, Glen Ellyn, IL	145'08.00
6. Doug Koch, SUNY-Morrisville, NY	137'09.00
7. Jason Preston, SUNY-Delhi, NY	137'02.00
8. Dave Boukas, William Rainey Harper College, Palatine, IL	127'06.00

## Javelin

1. Gabe Fletcher, SUNY-Delhi, NY	168'02.00
2. Alex Lewis, SUNY-Morrisville, NY	166'06.00
3. Jason Drummond, SUNY-Morrisville, NY	158'09.00
4. Jeremy Pettit, SUNY-Delhi, NY	158'05.00
5. Mike Stansfield, Bergen CC, Paramus, NJ	156'00.00
6. Joe Cristina, College of DuPage, Glen Ellyn, IL	153'01.00
7. James Keller, William Rainey Harper College, Palatine, IL	145'04.00

8. John Yunker, College of DuPage, Glen Ellyn, IL	142'05.00
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## Discus

1. Dan Wright, William Rainey Harper College, Palatine, IL	155'04.00
2. Alex Lewis, SUNY-Morrisville, NY	146'08.00
3. Gabe Fletcher, SUNY-Delhi, NY	143'00.00
4. Jon Albano, SUNY-Delhi, NY	139'01.00
5. Michael Sitsby, College of DuPage, Glen Ellyn, IL	137'02.00
6. Noah Washington, College of DuPage, Glen Ellyn, IL	135'01.00
7. Ryan Shaw, College of DuPage, Glen Ellyn, IL	135'01.00
8. Paul Yakubec, SUNY-Cobleskill, NY	131'01.00

## Shot Put

1. Alex Lewis, SUNY-Morrisville, NY	48'10.75
2. Gabe Fletcher, SUNY-Delhi, NY	47'00.75
3. Noah Washington, College of DuPage, Glen Ellyn, IL	46'05.50
4. Tim Benson, Alfred State College, NY	44'08.75
5. Ryan Shaw, College of DuPage, Glen Ellyn, IL	44'07.00
6. Dan Wright, William Rainey Harper College, Palatine, IL	43'09.25
7. Michael Ginczycki, College of DuPage, Glen Ellyn, IL	43'00.50
8. Aaron Braxton, Gloucester County College, Sewell, NJ	42'11.00

## High Jump

1. Dan Ober, Thaddeus Stevens College of Tech., Lancaster, PA	6'10.25
2. Ronald Haskins, Middlesex County College, Edison, NJ	6'05.00
3. Art Randall, Mohawk Valley CC, Utica, NY	6'03.25
4. John Yunker, College of DuPage, Glen Ellyn, IL	6'03.25
5. Mike Shopes, Alfred State College, NY	6'03.25
6. Jon Albano, SUNY-Delhi, NY	6'01.25
7. Lane Schaffer, SUNY-Delhi, NY	5'11.25

## Triple Jump

1. Alton West, Alfred State College, NY	45'07.25
2. Stephen Latulas, SUNY-Delhi, NY	45'00.50
3. Jason Foster, William Rainey Harper College, Palatine, IL	44'04.00
4. Sam Winn, Alfred State College, NY	43'05.75
5. Ronald Haskins, Middlesex County College, Edison, NJ	43'01.50
6. Shaun Marek, Madison Area Technical College, WI	42'06.00
7. Gabriel Rivera, College of DuPage, Glen Ellyn, IL	42'04.75
8. Steve Rhoades, SUNY-Cobleskill, NY	41'11.50

## Long Jump

1. Alton West, Alfred State College, NY	22'09.75
2. Trent Jordan, Mohawk Valley CC, Utica, NY	22'09.75
3. Ronald Haskins, Middlesex County College, Edison, NJ	22'07.00
4. Derrick Harper, Alfred State College, NY	22'01.75
5. Richard Fortunat, Queensborough CC, Bayside, NY	21'11.00
6. Kori Charles, Queensborough CC, Bayside, NY	21'08.75
7. Kevin Johnson, SUNY-Delhi, NY	21'06.00
8. Steve Rhoades, SUNY-Cobleskill, NY	21'05.25

## Decathlon

1. Mike Shopes, Alfred State College, NY	5686
2. Anthony Sokenu, Montgomery College-Rockville, MD	5679
3. Sam Winn, Alfred State College, NY	5360
4. Adam Millspaugh, SUNY-Delhi, NY	5324
5. Andre Samuel, SUNY-Cobleskill, NY	5237
6. Lane Schaffer, SUNY-Delhi, NY	4867
7. Luis Vasquez-SUNY-Morrisville, NY	4391
8. Kenneth Spanton, College of DuPage, Glen Ellyn, IL	4361

## Pole Vault

1. Ricky Anderson, Madison Area Technical College, WI	14'06.00
2. James Keller, William Rainey Harper College, Palatine, IL	14'06.00
3. Noah Knattlis, Alfred State College, NY	14'06.00
4. Brent Harkness, Alfred State College, NY	13'06.00
5. Jody Schoffstall, Thaddeus Stevens College of Tech., Lancaster, PA	13'06.00
6. Maurice Clarke, SUNY-Delhi, NY	13'00.00
7. Adam Leach, Howard CC, Columbia, MD	13'00.00
8. Carl Barton, CC of Rhode Island, Warwick, RI	12'06.00

\*New NJCAA Record

## Male Athlete of the Meet (Track):

Jeremy Cornue, SUNY-Delhi, NY

## Male Athlete of the Meet (Field):

Gabe Fletcher, SUNY-Delhi, NY

## Coach of the Meet:

Bob Backus, SUNY-Delhi, NY

## Coach of the Year:

Gary Moore, Alfred State College, NY

# College of DuPage Wins NJCAA Women's Division III Outdoor Track & Field Championship

## Team Results

1.	College of DuPage, Glen Ellyn, IL	206
2.	Herkimer County CC, NY	117
3.	William Rainey Harper College, Palatine, IL	101
4.	SUNY-Cobleskill, NY	98
5.	Montgomery College-Rockville, MD	47
6.	SUNY-Delhi, NY	37
7.	Alfred State College, NY	36
8.	Mohawk Valley CC, Utica, NY	34
8.	Nassau CC, Garden City, NY	34
10.	Erie CC, Buffalo NY	27
11.	SUNY-Morrisville, NY	16
12.	Howard CC, Columbia, MD	14
12.	Middlesex County College, Edison, NJ	14
14.	CC of Rhode Island, Warwick, RI	10
15.	Columbus State CC, Columbus, OH	4
16.	Bergen CC, Paramus, NJ	2

## 100 Meter Dash

1.	Loia Anibaba, College of DuPage, Glen Ellyn, IL	12.66
2.	Lorraine Benson, Mohawk Valley CC, Utica, NY	13.02
3.	Shernette Hyatt, Nassau CC, Garden City, NY	13.24
4.	Julie Jestus, William Rainey Harper College, Palatine, IL	13.33
5.	Kristin Gabel, College of DuPage, Glen Ellyn, IL	13.35
6.	Danielle, Middlesex County College, Edison, NY	13.46
7.	Meshanda Phillips, Montgomery College-Rockville, MD	14.10

## 200 Meter Dash

1.	Shernette Hyatt, Nassau CC, Garden City, NY	25.71
2.	Loia Anibaba, College of DuPage, Glen Ellyn, IL	27.03
3.	Meshanda Phillips, Montgomery College-Rockville, MD	27.14
4.	Lorraine Benson, Mohawk Valley CC, Utica, NY	27.30
5.	Julie Jestus, William Rainey Harper College, Palatine, IL	27.39
6.	Kristin Gabel, College of DuPage, Glen Ellyn, IL	27.41
7.	Lisa Long, William Rainey Harper College, Palatine, IL	28.03
8.	Stephanie Cadwell, Herkimer County CC, NY	29.06

## 400 Meter Dash

1.	Shernette Hyatt, Nassau CC, Garden City, NY	57.54
2.	Kristin Gabel, College of DuPage, Glen Ellyn, IL	1:02.91
3.	Meshanda Phillips, Montgomery College-Rockville, MD	1:03.48
4.	Stephanie Cadwell, Herkimer County CC, NY	1:05.70
5.	Nadia Hedrington, Columbus State CC, Columbus, OH	1:04.50
6.	Marcella Wilkinson, Middlesex County College, Edison, NY	1:07.58
7.	Jessica Stacy, College of DuPage, Glen Ellyn, IL	1:08.10
8.	Heather Raymond, Herkimer County CC, NY	1:08.68

## 800 Meter Run

1.	Jessica Pancoska, College of DuPage, Glen Ellyn, IL	2:25.22
2.	Dana Siegfried, Nassau CC, Garden City, NY	2:29.37
3.	Brooke Katka, William Rainey Harper College, Palatine, IL	2:30.07
4.	Stephanie Cadwell, Herkimer County CC, NY	2:34.16
5.	April Wilburn, Mohawk Valley CC, Utica, NY	2:35.84
6.	Michie Grempka, William Rainey Harper College, Palatine, IL	2:38.13
7.	Jestina McPherson, SUNY-Delhi, NY	2:39.08
8.	Melissa Zehr, Herkimer County CC, NY	2:41.50

## 1500 Meter Run

1.	Jessica Pancoska, College of DuPage, Glen Ellyn, IL	4:58.08
2.	Hilary Geiger, Alfred State College, NY	5:03.89
3.	Sabrina Turco, SUNY-Delhi, NY	5:11.08
4.	Megan Ryan, Montgomery College-Rockville, MD	5:18.46
5.	Alyssa Noble, Herkimer County CC, NY	5:25.97
6.	Melissa Zehr, Herkimer County CC, NY	5:29.71
7.	Jenny Rios, Bergen CC, Paramus, NJ	5:29.89

## 3000 Meter Steeplechase

1.	Kristy VanCour, SUNY-Cobleskill, NY	12:13.75
2.	Jestina McPherson, SUNY-Delhi, NY	12:59.90
3.	Stacey Horner, SUNY-Cobleskill, NY	13:19.09
4.	Brooke Katka, William Rainey Harper College, Palatine, IL	14:09.20
5.	Meaghan Grandall, SUNY-Cobleskill, NY	14:27.20
6.	Kansas Hahn, Herkimer County CC, NY	14:56.82

## 5000 Meter Run

1.	Kristy VanCour, SUNY-Cobleskill, NY	19:24.84
2.	Hilary Geiger, Alfred State College, NY	19:58.65
3.	Megan Ryan, Montgomery College-Rockville, MD	20:18.02
4.	Amanda Mills, SUNY-Cobleskill, NY	20:20.69
5.	Susan Riemer, William Rainey Harper College, Palatine, IL	20:27.80
6.	Munira Paric, SUNY-Delhi, NY	20:44.56
7.	Alyssa Noble, Herkimer County CC, NY	20:54.65
8.	Missy Boyle, SUNY-Cobleskill, NY	21:01.11

## 10000 Meter Run

1.	Kristy VanCour, SUNY-Cobleskill, NY	42:24.35
2.	Munira Paric, SUNY-Delhi, NY	43:20.54
3.	Megan Ryan, Montgomery College-Rockville, MD	44:05.76
4.	Amanda Mills, SUNY-Cobleskill, NY	45:12.18
5.	Susan Riemer, William Rainey Harper College, Palatine, IL	45:35.27
6.	Kansas Hahn, Herkimer County CC, NY	51:25.44
7.	Nicole Ross, Alfred State College, NY	53:08.86

## 100 Meter Hurdles

1.	Chauvonne Senior, Erie CC, Buffalo, NY	15.63
2.	Stephanie Wlodarczyk, College of DuPage, Glen Ellyn, IL	16.92
3.	Marian Ky, Montgomery College-Rockville, MD	17.42
4.	Tammy Goldstein, SUNY-Delhi, NY	17.76
5.	Tamara Reif, College of DuPage, Glen Ellyn, IL	17.87
6.	Mariola Skonieczna, William Rainey Harper College, Palatine, IL	18.15
7.	Nikklette Wright, College of DuPage, Glen Ellyn, IL	19.45

## 400 Meter Hurdles

1.	Nikklette Wright, College of DuPage, Glen Ellyn, IL	1:06.95
2.	Stephanie Wlodarczyk, College of DuPage, Glen Ellyn, IL	1:12.87
3.	Jessica Ueltchl, Herkimer County CC, NY	1:13.43
4.	Johanna Duffy, SUNY-Cobleskill, NY	1:18.23
5.	Kelly Jones, Howard CC, Columbia, MD	1:21.09
6.	Marian Ky, Montgomery College-Rockville, MD	1:24.49

## 400 Meter Relay

1.	College of DuPage, Glen Ellyn, IL	51.10
2.	William Rainey Harper College, Palatine, IL	52.77
3.	Herkimer County CC, NY	54.24
4.	Middlesex County College, Edison, NY	DQ

## 1600 Meter Relay

1.	College of DuPage, Glen Ellyn, IL	4:13.21
2.	William Rainey Harper College, Palatine, IL	4:20.02
3.	Herkimer County CC, NY	4:32.36
4.	SUNY-Delhi, NY	4:45.11

## 3200 Meter Relay

1.	College of DuPage, Glen Ellyn, IL	9:56.11
2.	Herkimer County CC, NY	10:14.98
3.	William Rainey Harper College, Palatine, IL	10:17.18
4.	SUNY-Cobleskill, NY	11:38.78
5.	Alfred State College, NY	12:19.97

## Hammer Throw

1.	Sara Johnson, CC of Rhode Island, Warwick, RI	142'11.00
2.	Rachel Moody, SUNY-Cobleskill, NY	123'11.00
3.	Deyna Barnett, College of DuPage, Glen Ellyn, IL	117'01.00
4.	Jennifer Brens, College of DuPage, Glen Ellyn, IL	116'10.00
5.	Valerie Mercier, Mohawk Valley CC, Utica, NY	114'03.00
6.	AnnMarie Hogdon, Alfred State College, NY	113'06.00
7.	Jennifer Holt, William Rainey Harper College, Palatine, IL	112'07.00
8.	Crystal Boyer, Herkimer County CC, NY	110'09.00

## Javelin

1.	Stephanie Wlodarczyk, College of DuPage, Glen Ellyn, IL	116'07.00
2.	Bianca Grande, Middlesex County College, Edison, NY	101'10.00
3.	Julie Jestus, William Rainey Harper College, Palatine, IL	95'04.00
4.	Brandy Ackerson, Herkimer County CC, NY	94'04.00
5.	Jennifer Brens, College of DuPage, Glen Ellyn, IL	93'00.00
6.	Tamara Reif, College of DuPage, Glen Ellyn, IL	91'00.00

7.	Vicky Pasche, SUNY-Cobleskill, NY	86'11.00
8.	Crystal Boyer, Herkimer County CC, NY	77'11.00

## Discus

1.	Vicky Pasche, SUNY-Cobleskill, NY	123'11.00
2.	AnnMarie Hogdon, Alfred State College, NY	120'06.00
3.	Linda Aarisma, SUNY-Morrisville, NY	117'00.00
4.	Jennifer Brens, College of DuPage, Glen Ellyn, IL	114'03.00
5.	Jeanette Horod, Erie CC, Buffalo, NY	109'05.00
6.	Michele Caudill, William Rainey Harper College, Palatine, IL	106'06.00
7.	Angela Bray, College of DuPage, Glen Ellyn, IL	106'05.00
8.	Deyna Barnett, College of DuPage, Glen Ellyn, IL	106'05.00

## Shot Put

1.	Linda Aarisma, SUNY-Morrisville, NY	37'10.75
2.	Angela Bray, College of DuPage, Glen Ellyn, IL	37'01.25
3.	Deyna Barnett, College of DuPage, Glen Ellyn, IL	36'01.25
4.	Rachel Moody, SUNY-Cobleskill, NY	36'00.25
5.	Jennifer Brens, College of DuPage, Glen Ellyn, IL	35'09.25
6.	Blanca Grande, Middlesex County College, Edison, NY	35'06.50
7.	Vicky Pasche, SUNY-Cobleskill, NY	35'05.75
8.	AnnMarie Hogdon, Alfred State College, NY	35'02.00

## High Jump

1.	Julie Jestus, William Rainey Harper College, Palatine, IL	4'11.00
2.	Amanda Rockwell, Herkimer County CC, NY	4'09.00
3.	Lisa Long, William Rainey Harper College, Palatine, IL	4'07.00
4.	Stephanie Cadwell, Herkimer County CC, NY	4'07.00
5.	Renee Buhrow, Mohawk Valley CC, Utica, NY	4'05.00
6.	Shannon Bloomberg, Howard CC, Columbia, MD	4'05.00

## Triple Jump

1.	Nikklette Wright, College of DuPage, Glen Ellyn, IL	33'10.00
2.	Stephanie Cadwell, Herkimer County CC, NY	33'10.00
3.	Mariola Skonieczna, William Rainey Harper College, Palatine, IL	32'09.50
4.	Kristin Gabel, College of DuPage, Glen Ellyn, IL	32'00.75
5.	Jessica Ueltchl, Herkimer County CC, NY	31'07.25
6.	Shannon Bloomberg, Howard CC, Columbia, MD	31'06.00
7.	Melissa Zehr, Alfred State College, NY	30'02.75

## Long Jump

1.	Kristin Gabel, College of DuPage, Glen Ellyn, IL	17'02.00
2.	Chauvonne Senior, Erie CC, Buffalo NY	16'03.00
3.	Lorraine Benson, Mohawk Valley CC, Utica, NY	16'00.25
4.	Chaney Barlow, Erie CC, Buffalo, NY	15'11.75
5.	Shannon Bloomberg, Howard CC, Columbia, MD	15'05.50
6.	Jessica Ueltchl, Herkimer County CC, NY	14'05.25
7.	Stephanie Cadwell, Herkimer County CC, NY	14'05.25
8.	Marian Ky, Montgomery College-Rockville, MD	13'10.25

## Heptathlon

1.	Julie Jestus, William Rainey Harper College, Palatine, IL	3566
2.	Tamara Reif, College of DuPage, Glen Ellyn, IL	3350
3.	Stephanie Cadwell, Herkimer County CC, NY	3242
4.	Jessica Ueltchl, Herkimer County CC, NY	3139
5.	Lynn Boombower, SUNY-Cobleskill, NY	2834
6.	Marian KY, Montgomery College-Rockville, MD	2597
7.	Renee Buhrow, Mohawk Valley CC, Utica, NY	2553
8.	Amanda Rockwell, Herkimer County CC, NY	2445

## Pole Vault

1.	Amanda Rockwell, Herkimer County CC, NY	8'00.00"
2.	Wendy Dudziak, SUNY-Cobleskill, NY	7'00.00"
3.	Stephanie Wlodarczyk, College of DuPage, Glen Ellyn, IL	7'00.00"

## \*New NJCAA Record

## Female Athlete of the Meet (Track)

Shernette Hyatt, Nassau CC, Garden City, NY

## Female Athlete of the Meet (Field)

Julie Jestus, William Rainey Harper College, Palatine, IL

## Coach of the Meet

Jane Vatcher, College of DuPage, Glen Ellyn, IL

## Coach of the Year

Sharon Glesman, Herkimer County CC, NY