

Malcolm East Wins NJCAA Marathon

Allegheny CC Wins Fourth Consecutive Marathon Team Title

Malcolm East, Allegheny CC's great distance runner, won the 1978 Marathon at Dowagiac, Michigan, covering the course in 2:27.53. Rob Stanley of Lane CC, Eugene, Oregon, was second, followed by Dick Beardsley of the University of Minnesota - Waseca, in third place.

Nina Crampe of Allegheny CC won the women's title, setting a new record time of 3:08.11.



MALCOLM EAST
1978 Marathon Champion

INDIVIDUAL RESULTS

	TIME
1. Malcolm East (Allegheny-Pittsburgh, PA)	2:27.53
2. Rob Stanley (Lane - Eugene, Oregon)	2:29.47
3. Dick Beardsley (U. of Minnesota - Waseca, MN)	2:33.06
4. Kevin Higdon (SMC - Dowagiac, Michigan)	2:34.48
5. Bret Watzka (Allegheny - Pittsburgh, PA)	2:35.20
6. Al Larson (Parkland - Champaign, Illinois)	2:37.31
7. Dane Williams (Macomb - Warren, MI)	2:38.10
8. Jim Scruton (Lincolnland - Springfield, ILL.)	2:38.30
9. Martin Hansen (Allegheny - Pittsburgh, PA)	2:39.05
10. Wayne Coffman (Allegheny - Pittsburgh, PA)	2:41.03
11. Mike Langvardt (Meramec - St. Louis, MO)	2:41.21
12. Dan O'Brien (Allegheny - Pittsburgh, PA)	2:41.49
13. Lance Feiner (Meramec - St. Louis, MO)	2:42.18
14. Adrian Hall (Okaloosa-Walton - Niceville, FLA)	2:43.40
15. John O'Leary (Dutchess - Poughkeepsie, NY)	2:44.46
16. Tom Zarzycki (Macomb - Warren, MI)	2:45.00
17. Gary Gottardi (SMC - Dowagiac, MI)	2:45.46
18. Eric Lynk (Meramec - St. Louis, MO)	2:46.47
19. Steve Wilson (Meramec - St. Louis, MO)	2:47.22
20. Greg Hollobaugh (Henry Ford - Dearborn, MI)	2:47.37
21. James Marshall (Florissant Valley - St. Louis, MO)	2:48.06
22. Ed Ostrovich (Jackson - Jackson, MI)	2:48.40
23. Robin Romans (Lincolnland - Springfield, ILL.)	2:49.20
24. Jerry McMillan (U. of Minnesota - Waseca, MN)	2:52.13
25. Phil Mahar (Henry Ford - Dearborn, MI)	2:56.06
26. Randy Vantrepotte (Danville - Danville, ILL.)	2:56.48
27. Ken Maier (Oakton - Mroton Grove, ILL.)	2:57.33
28. Charles Berriel (Macomb - Warren, MI)	2:59.41
29. Ralph Shinevar (Lansing - Lansing, MI)	3:01.07
30. Bob Frandsen (U. of Minnesota - Waseca, MN)	3:01.22
31. Brian Bennett (Schoolcraft - Livonia, MI)	3:01.45
32. Mike Spunler (Hagerstown, Hagerstown, MD)	3:02.47
33. Len Peruski (Henry Ford - Dearborn, MI)	3:04.55
34. Steve Martinez (Allegheny - Pittsburgh, PA)	3:05.24
35. Robert Hall (Anne Arundel - Arnold, MD)	3:05.20
36. Barrett (Lake County - Grayslake, ILL.)	3:06.19

37. Armando Lopez (Lake County - Grayslake, ILL)	3:07.08
38. Dennis Hinterman (Mott - Flint, MI)	3:07.20
39. Randy Hill (Lansing - Lansing, MI)	3:07.43
40. Nina Crampe (Allegheny - Pittsburgh, PA)*	3:08.11
41. David Urig (Lorain - Elyria, OH)	3:08.32
42. Jerry Szczerpanski (Jackson - Jackson, MI)	3:11.31
43. Glen Pinfield (Middlesex - Edison, NJ)	3:13.47
44. Rory Hough (Macomb - Warren, MI)	3:17.55
45. Susan Spencer (Hillsborough - Tampa, FLA)	3:21.22
46. Dennis Galvin (Middlesex - Edison, NY)	3:25.51
47. Doug Vorbeck (Schoolcraft - Livonia, MI)	3:27.28
48. James Halford (Lake County - Grayslake, ILL)	3:35.44
49. Sue Gailey (Allegheny - Pittsburgh, PA)	3:43.16
50. Judy Sayhada (Allegheny - Pittsburgh, PA)	3:45.46
51. Mike Warren (Seminole - Sanford, Florida)	(tie) 3:48.07
52. Craig McCarthy (Henry Ford - Dearborn, MI)	(tie) 3:48.07
53. Jeffery Denecke (Lake County - Grayslake, MI)	3:58.00
54. Cyndy Mendolia (Allegheny - Pittsburgh, PA)	4:00.29
55. Connie Yanosick (Allegheny - Pittsburgh, PA)	4:08.46
56. Michele Lozita (Allegheny - Pittsburgh, PA)	4:15.31

TEAM RESULTS

1. Allegheny (Pittsburgh, PA)	1-3-3 (6-8)	9
2. Meramec (St. Louis, MO)	7-9-11 (12)	27
3. Macomb (Warren, MI)	4-10-15 (20)	29
4. Minnesota (Waseca)	2-13-16	31
5. Henry Ford (Dearborn, MI)	14-17-22	53
6. Lake County (Grayslake, ILL)	18-19-21	58



NINA CRAMPE
1978 Women's
Marathon Champion