

# Blinn College Wins Ninth Straight Indoor Track & Field Title at the 1995 NJCAA Men's Indoor Track & Field Championship

## FINAL RESULTS

1. Blinn College	224
2. South Plains JC	89
3. Barton County CC	87
4. San Jacinto College	52
5. Miami-Dade CC	40
6. Johnson County CC	37
7. Essex CC/New Jersey	29
Garden City CC	29
Wallace State CC	29
10. Butler County CC	21
11. Kansas City Kansas CC	15
12. Cloud County CC	13
13. Alfred State	12
Brevard College/NC	12
15. Hutchinson CC	10
16. Southwestern Michigan	8
17. Coffeyville CC	7
Essex CC/MD	7
19. North Dakota State	5
20. Lansing CC	4
21. Cayuga CC	3
22. Dodge City CC	2
Florissant Valley CC	2
North Idaho	2

## POLE VAULT

1. David Amet, Johnson County CC	15-04.5
2. Sylvester Houston, Johnson County CC	15-00.75
3. Jeff McKinney, Blinn College	15-00.75
4. Travis Ford, Cloud County CC	15-00.75
5. Cody Casey, South Plains JC	14-06.75
6. Jeremy Mull, Johnson County CC	14-00.75
7. Clifton Flock, Garden City CC	14-00.75

## 55 METER HURDLES

1. Jeremichael Williams, Blinn College	7.38
2. Demetrick Powell, Miami-Dade CC	7.41
3. Devon Clarke, Barton County CC	7.51
4. Larry Tatum, Blinn College	7.65
5. Marcus Banks, Barton County CC	7.68
6. Floyd Johnson, Blinn College	7.69
7. James Ganll, Cayuga CC	7.75
8. Tempre Hayes, Johnson County CC	7.97

## 600 YARD RUN

1. Rodney Forde, San Jacinto College	1:10.19
2. Wayne Whyte, Blinn College	1:10.57
3. Zyril Hill, Garden City CC	1:11.16
4. David Adamson, Blinn College	1:12.72
5. Joe Barb, Kansas City Kansas CC	1:12.84
6. Marcus Edwards, San Jacinto College	1:12.87
7. Brunell McKenzie, Kansas City Kansas CC	1:13.35
8. Mike Irby, Cloud County CC	1:14.93

## LONG JUMP

1. * James Beckford, Blinn College	26-09.0
2. Chris Wright, Kansas City CC	25-04.75
3. Leonard Cobb, Blinn College	25-04.5
4. Joe Laster, Barton County CC	25-01.25
5. Michael Alridge, Barton County CC	24-11.75
6. Kirkwood Newbold, Wallace State CC	24-05.75
7. Weldon Shon Mitchell, Coffeyville CC	24-05.5
8. Kishara Hamilton, Miami-Dade CC	23-08.0

## 55 METER DASH

1. Tim Montgomery, Blinn College	6.22
2. Thaddeus Shannon, Garden City CC	6.24
3. Barry Douglas, Miami-Dade CC	6.28
4. Jahzeel Gayle, Wallace State CC	6.31
5. Quincy Foster, Blinn College	6.35
6. Marcus Gladden, Garden City CC	6.36
7. Demetric Denmark, Dodge City CC	6.42
8. Garfield Ellenwood, Essex CC/NJ	6.82

## 400 METER DASH

1. Ramon Clay, Blinn College	47.32
2. Eswort Combs, Essex CC/NJ	47.61
3. Francis Ogola, Barton County CC	47.94
4. Daren Foster, San Jacinto College	48.24
5. Barry Douglas, Miami-Dade CC	48.28
6. Galfel Hippolyte, Alfred State	48.66
7. Rayton Archer, Wallace State CC	48.97
8. Michael Alridge, Barton County CC	49.95

## 800 METER RUN

1. Manuel Joseph, Blinn College	1:53.89
2. Enrico Knowles, Miami-Dade CC	1:53.98
3. Herbert Habyariamana, Blinn College	1:55.48
4. Philip Maiyo, Barton County CC	1:56.26
5. Randy Grayson, Butler County CC	1:56.85
6. Adam Gracia, South Plains JC	1:58.75
7. David Gracia, South Plains JC	2:01.82
8. Telly Moss, South Plains JC	2:21.97

## 200 METER DASH

1. Eswort Coombs, Essex CC/NJ	21.37
2. Curtis Perry, Wallace State CC	21.41
3. Sheldon Edwards, San Jacinto College	21.78
4. Marcus Gladden, Garden City CC	21.81
5. Quincy Foster, Blinn College	21.90
6. Keith Black, Blinn College	22.00
7. Garfield Ellenwood, Essex CC/NJ	22.19
8. Leon Gordon, San Jacinto College	22.65

## DISTANCE MEDLEY

1. South Plains JC	9:54.39
2. Blinn College	9:54.64
3. Brevard College	10:08.63
4. Butler County CC	10:09.38
5. Barton County CC	10:12.43
6. Alfred State College	10:30.03
7. Johnson County CC	10:34.92
8. Florissant Valley	10:40.76

## 5000 METER RUN

1. David Kemei, South Plains JC	14:14.42
2. Samir Moussaoui, South Plains JC	14:30.04
3. Cleophas Boor, Barton County CC	14:30.74
4. Fallord Moonga, Blinn College	14:36.12
5. John Thorpe, Johnson County CC	14:54.77
6. Sean Frank, Southwestern Michigan	14:56.65
7. Adolfo Carrillo, South Plains JC	15:06.93
8. Berhane Reddy, Blinn College	15:19.93

## 3000 METER RUN

1. David Kemei, South Plains JC	8:17.58
2. Musa Gwanzura, Blinn College	8:22.08
3. Samir Moussaoui, South Plains JC	8:22.44
4. Richie Dikstaal, Blinn College	8:24.98
5. Cleophas Boor, Barton County CC	8:26.05
6. Salem Messaoui, South Plains JC	8:26.30
7. Stan Jordanov, Butler County CC	8:35.93
8. David Dominguez, Alfred State	8:37.74

## 1000 METER RUN

1. *Jonah Kiptarus, Barton County CC	2:25.80
2. Junior Mitchell, Blinn College	2:27.07
3. Chris May, Butler County CC	2:27.52
4. Musa Gwanzura, Blinn College	2:28.40
5. Richie Dikstaal, Blinn College	2:30.83
6. Paul Carter, Southwestern Michigan	2:31.29
7. Adam Gracia, South Plains JC	2:33.55
8. Marcus Morillon, South Plains JC	2:33.58

## HIGH JUMP

1. Charles Burney, Blinn College	6-10.25
2. James Ballard, Barton County CC	6-10.25
3. Mike Smith, Hutchinson CC	6-08.25
4. Marvin Robertson, San Jacinto	6-08.25
5. Jeff Pohl, Lansing CC	6-08.25
6. Kievin Jackson, Blinn College	6-08.25
7. Tom Floyd, Hutchinson CC	6-06.25
8. Kenneth Dennard, Barton County CC	6-06.25

## SHOT PUT

1. Ray Lacey, Blinn College	53-05.0
2. Nick Trenneus, San Jacinto College	52-10.25
3. Robert Holdsworth, Wallace State CC	51-08.25
4. Nate Pederson, North Dakota State	48-11.75
5. Jim Riedesel, Johnson County CC	48-04.75
6. Luis Del-Rio, Miami-Dade CC	48-02.75
7. Mitch Armuth, North Idaho College	47-10.5
8. Randy Beery, Kansas City Kansas CC	47-05.75

## TRIPLE JUMP

1. James Beckford, Blinn College	55-09.0
2. Leonard Cobb, Blinn College	52-09.5
3. Von Ware, Cloud County CC	49-06.25
4. William White, Essex CC/NJ	49-00.25
5. Mike Diggs, Essex CC/MD	48-04.5
6. Russell Rainey, Essex County/NJ	48-03.25
7. Brent Towers, Southwestern Michigan	47-00.75
8. Cedric Brown, Barton County CC	46-01.5

## 4 X 800 METER RELAY

1. South Plains JC	7:41.23
2. Blinn College	7:41.40
3. Brevard College	7:43.06
4. Johnson County CC	7:51.82
5. Butler County CC	7:51.90
6. Alfred State	7:54.70
Hutchinson CC	7:57.67
7. Florissant Valley CC	8:10.48
8. Essex CC/MD	8:17.24

## ONE MILE RUN

1. Jonah Kiptarus, Barton County CC	4:09.64
2. Salem Messaoui, South Plains JC	4:10.84
3. David Kemei, South Plains JC	4:11.51
4. Musa Gwanzura, Blinn College	4:13.42
5. Richie Dikstaal, Blinn College	4:13.70
6. Samir Moussaoui, South Plains JC	4:19.31
7. Craig Walton, Alfred State	4:32.64

## PENTATHLON

1. Mark Miley, Blinn College	3864.00
2. Victor Houston, San Jacinto College	3860.00
3. Kenneth Dennard, Barton County CC	3679.00
4. Jeremy Haskin, Coffeyville CC	3377.00
5. Jon Kruse, Blinn College	3319.00
6. Anthony Casas, Garden City CC	3227.00
7. Shannon Ward, Barton County CC	3212.00
8. James Gantll, Cayuga CC	3197.00

## 1600 METER RELAY

1. Miami-Dade CC	3:12.65
2. Blinn College	3:12.68
3. San Jacinto College	3:13.31
4. Wallace State CC	3:15.82
5. Barton County CC	3:16.52
6. Essex CC/MD	3:16.88
7. Garden City CC	3:19.21
8. Cloud County CC	3:19.68

## Male Athlete of the Meet:

**James Bedford, Blinn College, Brenham, TX.**  
**Coach of the Meet: James Morris,**  
**South Plains JC, Levelland, TX.**

\*Denotes New Meet Record

# Barton County CC Wins 1995 NJCAA Women's Indoor Track & Field Title

## FINAL RESULTS

1. Barton County CC	149
2. San Jacinto College	88
3. Essex County College	79
4. Johnson County CC	61
5. Odessa College	52
6. Cloud County CC	39
7. Macomb CC	31
8. Garden City CC	27
9. Colby CC	24
10. Mohawk Valley CC	18
11. Coffeyville CC	17
Wallace State CC	17
13. Allen County CC	10
14. Anderson College	8
Brevard College	8
Hudson Valley CC	8
North Idaho College	8
18. Cayuga CC	7
19. Essex CC	6
North Dakota State	6
21. Highland CC	5
Lansing CC	5
23. Parkland College	4
SUNY @ Delhi	4
25. Kansas City Kansas	3
26. Milwaukee Tech College	2

## 55 METER HURDLES

1. *Lacena Golding, San Jacinto College	7.68
2. *Nichole Belcher, Essex County College	7.73
3. Andrea Giscombe, San Jacinto College	8.02
4. Rosa Jolivet, Odessa College	8.18
5. Suzzette Lee, Barton County CC	8.20
6. Phyllis Brooks, Barton County CC	8.30
7. Tifani Spaggins, Barton County CC	8.55

## 600 YARD RUN

1. Althea Tyndall, Essex County College	1:21.54
2. Kim Norsworthy, Garden City CC	1:22.14
3. Tina Sommers, Odessa College	1:22.21
4. Meka Rember, Barton County CC	1:24.18
5. Deedra Raney, Cloud County CC	1:28.07
6. Marlainna Glenn, Kansas City Kansas	1:28.79
7. Nia Williams, Milwaukee Tech College	1:29.36
8. Meghan Barlow, Colby CC	1:34.40

## 55 METER DASH

1. Sabrina Kelly, San Jacinto College	6.78
2. Jenell Ali, Barton County CC	6.91
3. Hydiane Harper, Essex County College	7.02
4. Lacretria Mays, Coffeyville CC	7.08
5. Kenyetta Fears, Johnson County CC	7.12
6. Traci Jeffery, San Jacinto College	7.14
7. Kim Sims, Odessa College	7.22
8. Sharonda Blanton, Odessa College	7.28

## 400 METER DASH

1. *Ellen Grant, San Jacinto College	53.59
2. Althea Tyndall, Essex County College	55.34
3. Shenita Wilson, Odessa College	55.45
4. Beverly Pierre, Barton County CC	55.48
5. Alicia Tyson, Essex County College	56.66
6. Andrea Giscombe, San Jacinto College	57.15
7. Kenyetta Fears, Johnson County CC	57.79
8. Melanie Brown, Wallace State CC	58.10

## 800 METER DASH

1. Charmaine Howell, Barton County CC	2:13.81
2. Maria Bergenheim, Wallace State CC	2:14.59
3. Michelle Ballentine, Barton County CC	2:14.80
4. Tusheema Brown, Cloud County CC	2:20.00
5. Tammy Giles, Macomb CC	2:20.21
6. Sarah Miller, North Idaho College	2:20.68
7. Joetta Dweh, Essex County College	2:21.35
8. Katja Erbe, Mohawk Valley CC	2:22.14

## HIGH JUMP

1. Lisa Wright, Barton County CC	5-06.5
2. Laura Dorgan, Hudson Valley CC	5-04.25
3. Phyllis Brooks, Barton County CC	5-04.25
4. Tammy Williamson, Allen County CC	5-04.25
5. Robin Dollson, Odessa College	5-03.0
6. Billiejo Holland, Coffeyville CC	5-03.0

## SHOT PUT

1. Carla Prewitt, Johnson County CC	46-00.75
2. Ayokka Green, Anderson College	45-03.0
3. Kim Feldkamp, Cloud County CC	44-03.5
4. Michelle Edmonds, North Idaho College	41-09.75
5. Michelle Macek, North Dakota State	40-10.25
6. Pat Neptune, San Jacinto College	40-08.75
7. Lisa Peters, North Dakota State	40-00.5
8. Kelley Bickean, Garden City CC	39-10.0

## 200 METER DASH

1. Hydiane Harper, Essex County College	24.19
2. Sabrina Kelly, San Jacinto College	24.21
3. Alicia Tyson, Essex County College	24.83
4. Jenell Ali, Barton County CC	24.94
5. Traci Jeffery, San Jacinto College	25.11
6. Kim Sims, Odessa College	25.14
7. Paula Douglas, Coffeyville CC	25.40
8. Kim Norsworthy, Garden City CC	25.81

## LONG JUMP

1. Lacena Golding, San Jacinto College	21-07.0
2. Adrian Sawyer, Odessa College	20-01.75
3. Suzzette Lee, Barton County CC	20-01.5
4. Lacretria Mays, Coffeyville CC	19-05.0
5. Michelle Vaughn, Parkland College	18-07.5
6. Tifani Spaggins, Barton County CC	18-04.75
7. Andrea Giscombe, San Jacinto College	18-02.0
8. Angela Burgess, Colby CC	17-09.75

## 5000 METER RUN

1. Ann Golubski, Johnson County CC	18:17.30
2. Valerie Spencer, Johnson County CC	18:43.70
3. Amy Lange, Macomb CC	19:04.89
4. Jamey Gray, Highland CC	19:48.94
5. Danni Maine, SUNY @ Delhi	21:43.42

## 3200 METER RUN

1. Johnson County CC	9:42.70
2. Cloud County CC	9:46.23
3. Mohawk Valley CC	9:53.90
4. Macomb CC	9:57.20
5. Essex CC	10:01.74
6. Garden City CC	10:05.63
7. Colby CC	10:06.98

## 3000 METER RUN

1. Michelle Clarke, Barton County CC	9:59.60
2. Nicole Brack, Mohawk Valley CC	10:40.68
3. Amy Lange, Macomb CC	11:01.32
4. Valerie Spencer, Johnson County CC	11:03.16
5. Andrea Neal, Garden City CC	11:06.07
6. Michelle Fields, Johnson County CC	11:06.14
7. Joetta Dweh, Essex County College	11:19.85
8. Lisa Snyder, Lansing CC	11:23.17

## 1000 METER RUN

1. Nicole Brown, Essex County College	2:57.74
2. Maria Bergenheim, Wallace State CC	3:02.24
3. Kay Mannebach, Colby CC	3:04.07
4. Cori Rhoades, Brevard College	3:05.01
5. Natalie Albrecht, Lansing CC	3:05.24
6. Andi Camp, Cayuga CC	3:09.79
7. Ann Golubski, Johnson County CC	3:16.35
8. Ann Dzeroogian, Macomb CC	3:19.71

## DISTANCE MEDLEY RELAY

1. Barton County	11:57.27
2. Essex County College	12:32.06
3. Colby CC	12:33.29
4. Cloud County CC	12:43.66
5. Garden City CC	12:45.35
6. Macomb CC	13:05.36
7. Johnson County CC	13:08.45
8. Essex CC	13:33.62

## TRIPLE JUMP

1. Suzette Lee, Barton County CC	43-00.25
2. Lisa Wright, Barton County CC	38-09.5
3. Adrian Sawyer, Odessa College	38-04.0
4. Traci Jeffery, San Jacinto College	37-08.0
5. Tifani Spaggins, Barton County CC	36-09.75
6. Lisa Roberts, Brevard College	35-03.75
7. Susan Bell, Cloud County CC	33-09.25

## MILE RUN

1. Michelle Clarke, Barton County CC	5:01.50
2. Kay Mannebach, Colby CC	5:13.59
3. Tusheema Brown, Cloud County CC	5:21.09
4. Joetta Dweh, Essex County College	5:23.21
5. Patty Diver, Cayuga CC	5:23.29
6. Nicole Brack, Mohawk Valley CC	5:25.19
7. Amy Lange, Macomb CC	5:30.61
8. Jennifer Lefever, Essex CC	5:52.53

## PENTATHLON

1. Lacena Golding, San Jacinto College	3912.00
2. Phyllis Brooks, Barton County CC	3590.00
3. Lisa Wright, Barton County CC	3530.00
4. Tammy Williamson, Allen County CC	3379.00
5. Karen Constable, San Jacinto College	3354.00
6. Rosa Jolivet, Odessa College	3205.00
7. Lisa Coppin, Coffeyville CC	2642.00

## 1600 METER RELAY

1. Barton County CC	3:41.68
2. Odessa College	3:50.49
3. Garden City CC	3:59.48
4. Johnson County CC	4:03.77
5. Macomb CC	4:04.18
6. Cloud County CC	4:16.34

## Female Athlete of the Meet:

Lacena Golding, San Jacinto, Pasadena, TX.  
Coach of the Meet: Randy Cole,  
Barton County CC, Great Bend, KS.

\*Denotes Meet Record