

Essex County College Regains Indoor Track & Field Title

Essex County College of Newark, New Jersey, regained the NJCAA Indoor Track and Field Championship held at Hearnes Fieldhouse, University of Missouri, Columbia, Missouri. Mesa Community College of Mesa, Arizona, defending National Indoor Champion, was second. Odessa College of Odessa, Texas, the meet's first entry from Texas, was third.

Russ Rogers, Coach of Essex, was named "Coach of the Year."

60 YARD DASH

1. Charles Hopkins, Gainesville . . . 6.0
2. Don Merrick, Seminole 6.2
3. Erwin Garnes, Pratt 6.3
4. Victor Smith, Calhoun 6.3
5. Jerry Thomas, Lincoln Land . . . 6.3

60 HIGH HURDLES

1. Gregory Brock, C. S. Mott 7.3
2. Milton King, Parkland 7.3
3. George Holmes, Essex, NJ 7.5
4. Mark Savage, Mesa 7.5
5. Mark Allen, Jackson 7.5
6. John Chamiga, Middlesex 7.6

300 YARD DASH

1. Jerry Thomas, Lincoln Land . . 30.2
2. Colin Bradford, Essex, NJ . . . 30.5
3. Don Merrick, Seminole 30.6
4. Willie Johnson, New Mexico . . . 30.8
5. Richard Wilson, Meramec 31.3
6. Ed Brown, Essex, NJ 31.4

440 YARD DASH

1. David Medlock, Odessa 48.7
2. Zack Taylor, New Mex. 49.1
3. Jim Kimmel, Black Hawk 49.1
4. Chris Martin, Odessa 49.4
5. Neville Plummer, Essex, NJ 49.6
6. Dave Woods, Mesa 49.8

600 YARD DASH

1. Lawrence Johnson, Mesa 1:10.7
2. Melvin Pritchard, Calhoun 1:11.6
3. Charles Headlam, Essex, NJ 1:12.1
4. Eli Thorne, Seminole 1:12.1
5. Al Peffer, Hagerstown 1:12.8
6. Mathew Williamson, Essex, NJ . . . 1:13.4

POLE VAULT

1. Mannie Watherbee, Seminole 15.4"
2. Nat Durum, Sante Fe 15.4"
3. Curt Shriner, Mesa 14'10"
4. Cliff Walden, Odessa 14.4"
5. John Cecil, Brevard 14.4"
6. Michael Patton, Hutchinson 13'10"

880 YARD RUN

1. Grey Honsby, Essex, NJ 1:55.5
2. Phillip Rolle, Miami-Dade S. 1:55.8
3. Tom Mracek, Lincoln Land 1:56.1
4. Rick Ferguson, Jackson 1:56.2
5. Alan Adams, Butler 1:56.2
6. Bernard Lakes, Jefferson 1:58.8

LONG JUMP

1. Jim MacAndrew, Odessa 24'1/2"
2. Henry Finney, Calhoun 23'4 1/2"
3. Gary Randle, Forest Park 23'2"
4. Ken McClendon, Mesa 22'11 1/2"
5. John Cecil, Brevard 22'4 1/2"
6. Horace Manley, Middlesex 22'4 1/2"

1000 YARD RUN

1. Bill Middleton, Florida 2:14.3
2. Jack Kavanaugh, Catonsville 2:15.8
3. Mike Smart, Essex, NJ 2:16.0
4. Mike Johnson, Grand Rapids 2:16.0
5. Billy Ott, Essex, NJ 2:17.4
6. Paul Champion, Macomb 2:17.9

ONE MILE RUN

1. Mark Jordan, Lake City 4:14.0
2. Devon Hind, Jackson 4:14.7
3. Austin Jackson, Miami-Dade S. . . . 4:15.5
4. Jim Urbon, Lansing 4:15.8
5. Sean Diltz, Brevard 4:15.9
6. Glen Wilburn, Lincoln Land 4:16.8



1975 Team Champions, Essex, N.J.

TWO MILE RUN

1. Devon Hind, Jackson 8:58.7
2. Robert Blount, Lake City 8:59.7
3. Terry Baker, Hagerstown 9:01.4
4. John Roscoe, Southwest Michigan . . . 9:04.3
5. Rob Bostater, Jackson 9:07.0
6. Denis Baumstark, Meramec 9:07.5

ONE MILE RELAY

1. Essex, New Jersey 3:16.1
2. Odessa, Texas 3:18.4
3. Mesa, Arizona 3:20.3
4. New Mexico 3:20.8
5. Lincoln Land, Illinois 3:21.8
6. Jackson, Michigan 3:21.8

TWO MILE RELAY

1. Essex, New Jersey 7:43.1
2. Allegheny, Pennsylvania 7:47.1
3. East Oklahoma 7:48.6
4. Southwest Michigan 7:52.6
5. Butler County, Kansas 7:54.0
6. Hagerstown, Maryland 7:57.5

DISTANCE MEDLEY RELAY

1. Miami-Dade South 10:09.5
2. Lincoln Land 10:10.5
3. Allegheny 10:11.5
4. Lake City 10:18.3
5. Platte 10:19.0
6. Meramec 10:19.6



Bill Middleton (Florida JC) wins the 1000.



Clint Ramsey, President NJCTFCA, present with Devon Hind (Jackson) and Henry Finney (J.C. Calhoun), the 1975 Indoor High Point Men.



Lawrence Johnson (Mesa) setting a new NJCAA record, 1:10.7, in the 600. Others in the picture, Charles Headlam (Essex, NJ), Eli Thorne (Seminole), and Mathew Williamson (Essex, NJ).

SHOT PUT

1. Mark Chew, Mesa53'8"
2. Jacob Cannon, Odessa51'1¼"
3. Ted Hausauer, Bismarck51'1"
4. C. A. Hill, MiamiDade S.50'8¼"
5. Jerphy McIlwain, Brevard49'2"
6. Mark Meseroll, Middlesex48'7"

HIGH JUMP

1. Rod Raver, Rochester6'8"
2. Carl Sims, Southwest Mich.6'8"
- Rod Harvey, Florissant Valley6'8"
4. Joe Bell, Vincennes6'6"
5. Bill Bradford, Southwest Mich.6'6"
6. Steve Kates, Florissant Valley6'4"

TRIPLE JUMP

1. Henry Finney, Calhoun49'7¾"
2. Charles Owen, Seward47'10½"
3. Ken McClendon, Mesa47'7¼"
4. Byron Monts, Mesa47'3½"
5. Jim MacAndrew, Odessa46'2¼"
6. Mike Wilk, Hutchinson45'2"



1975 Coach of the Year, Russ Rogers, accepts congratulations from referee, Tom Bofts.

The National Operating Committee on Standards for Athletic Equipment

A total of 76 helmet models from various manufacturers have passed the NOCSAE standard of impact test and performance requirements through April 1, 1975. Dr. Voigt Hodgson, Department of Neurosurgery, School of Medicine, Wayne State University, continues to conduct the research and testing for the National Operating Committee on Standards for Athletic Equipment. A revised list is available to anyone upon request. For those who desire a copy of the approved helmet list, write Dennis Poppe, National Collegiate Athletic Association, P. O. Box 1906, Shawnee Mission, Kansas 66222.

The NOCSAE test system is now installed or being installed in 16 laboratories throughout the country. The labs include the United States Government (NBS), Canadian Standards Association (CSA), helmet manufacturers, reconditioners, the U.S. Army and several universities. It is considered to be one of the largest such networks of standard testing facilities in the world.

NOCSAE continues to work on the development of three new head models, sizes 6⁵/₈", 7¹/₄" and 7⁵/₈", designed to test "worst case" conditions; i.e., maximum head size, in each of the three shell sizes used by most manufacturers.

Dr. Hodgson presented a seminar at the National Athletic Equipment Reconditioning Association's (NAERA) convention, March 4 at Elyria, Ohio. Dr. Hodgson advised the group of the purpose of NOCSAE and the results of recent testing. NAERA was formed in an attempt to upgrade the reconditioning procedures within the reconditioning industry.

NOTE

The note on page 36 of the 1974-75 NJCAA Handbook, under Article X, B. Basketball, has been amended for the 1975-76 college year. It will now read that all NJCAA member schools shall be limited to 31 basketball games.