



NCAA Division III - Top 10 Seeds by Event as of April 23



Men

100 Meters

1	Justin FREEMAN	JR Hope	10.56w	(2.7)	Mar 23
2	Jamal WATKINS	SR Birmingham-Southern	10.57	(-0.4)	Apr 20
3	Rodrick MCMILLER	FR UW-Platteville	10.61	(1.0)	Apr 20
4	Davonta WOMACK	JR Bridgewater (Va.)	10.64w	(2.5)	Apr 13
4	Carson KETTER	JR Pacific Lutheran	10.64	(1.4)	Mar 24
6	Jordan JOHNSON	JR Benedictine (Ill.)	10.66w	(2.3)	Apr 13
7	Zion HOWARD	FR Moravian	10.67	(0.8)	Apr 13
7	Dominic NDA	SR UMass Boston	10.67w	(3.6)	Mar 16
7	Hayden SNOW	SO John Carroll	10.67w	(2.1)	Apr 14
10	Tyler O'BRYANT	JR SUNY Oneonta	10.68w	(2.8)	Apr 14

200 Meters

1	Calden WOJT	SO UW-Stevens Point	21.17	(0.5)	Apr 7
2	Jamal WATKINS	SR Birmingham-Southern	21.25w	(3.4)	Mar 16
3	Emmanuel EGBUJOR	JR Augsburg	21.29	(1.4)	Apr 19
4	Jordan JOHNSON	JR Benedictine (Ill.)	21.40	(0.3)	Apr 21
5	Toluwani ADEBAKIN	SO Anderson (Ind.)	21.47w	(2.3)	Apr 14
5	Vernon LOTT	SR George Fox	21.47	(1.3)	Apr 20
7	Carson KETTER	JR Pacific Lutheran	21.48	(1.3)	Apr 20
8	Luke BOHLINGER	JR Redlands	21.49	(1.4)	Apr 14
9	Corey CARTER	FR Principia	21.51	(0.5)	Apr 14
10	Zion HOWARD	FR Moravian	21.52	(1.5)	Apr 7
10	Patrick MIKEL	SO Loras	21.52w	(2.5)	Apr 12

400 Meters

1	Patrick MIKEL	SO Loras	47.00		Apr 20
2	Karl OLSEN	JR Bethel (Minn.)	47.47		Apr 20
3	Peter GIRARDI	SR St. John Fisher	47.59		Apr 21
4	Erran GREENE	JR Methodist	47.75		Apr 14
4	Marquis BROWN	SR Texas Lutheran	47.75		Mar 22
6	Jimmy MARTINEZ	JR Middlebury	47.78		Mar 24
7	Colfay POINTER	SO Dubuque	47.82		Apr 12
8	Zach RICHARDSON	JR UT Tyler	47.88		Apr 20
9	Carl KLAMM	JR Bethel (Minn.)	48.04		Apr 20
10	Lukas D'ALFONSO	FR SUNY Geneseo	48.09		Apr 14

800 Meters

1	Matt MOLINARO	SR Ohio Northern	1:50.28		Apr 5
2	Cullen MONAHAN	JR Christopher Newport	1:51.13		Apr 20
3	John DECKER	SR Babson	1:51.14		Apr 20
4	Jeremy HERNANDEZ	SR Ramapo	1:51.52		Apr 20
5	Kevin SERRAO	SR Middlebury	1:51.96		Mar 31
6	Casey ROBERTS	JR Wartburg	1:52.14		Apr 12
7	Andrew SHARP	SR Greenville	1:52.16		Apr 20
8	Brian KUEHL	FR UW-Whitewater	1:52.31		Apr 12
9	Carter FLOYD	FR Pomona-Pitzer	1:52.37		Apr 19
10	Samuel VOELZ	FR DePauw	1:52.56		Apr 20

1500 Meters

1	Isaac GARCIA-CASSANI	SR SUNY Geneseo	3:43.47c	4:01.35(1)	Apr 20
2	Jeffrey DOVER	JR Christopher Newport	3:47.81		Apr 5
3	Donson COOK-GALLARDO	SR Carleton	3:49.29		Apr 21
4	Sam PINKOWSKI	FR Wartburg	3:50.55		Apr 21
5	Joshua SCHRAEDER	SO UW-La Crosse	3:50.58		Apr 21
6	Logan MCKENZIE	SO Berea (Ky.)	3:51.57		Apr 21
7	Nick MATTEUCCI	SO Washington (Mo.)	3:51.87		Apr 20
8	Casey ROBERTS	JR Wartburg	3:51.88		Apr 21
9	Sam HINZ	JR UW-La Crosse	3:52.08		Apr 21
10	Corey MULLINS	JR Muhlenberg	3:52.92		Apr 20

Steeplechase

1	Mark FAIRLEY	SR Central (Iowa)	8:57.39		Apr 19
2	Logan MCKENZIE	SO Berea (Ky.)	9:02.06		Apr 6
3	Scott MASON	JR Connecticut College	9:04.06		Apr 20
4	Daniel ROSEN	SO Pomona-Pitzer	9:05.48		Mar 31
5	Thomas D'ANIERI	SO Claremont-Mudd-Scripps	9:06.64		Mar 23
6	Kevin VELTRE	SR Rowan	9:13.14		Apr 6
7	Grant SHEELY	JR Oberlin	9:13.77		Apr 14
8	Benjamin SCHOTT	JR Messiah	9:14.41		Apr 20
9	Alex SMITH	SR York (Pa.)	9:16.71		Apr 14
10	Dan O'KEEFE	SR North Central (Ill.)	9:17.71		Apr 21

5000 Meters

1	Thomas D'ANIERI	SO Claremont-Mudd-Scripps	14:21.04		Mar 10
2	Jeffrey DOVER	JR Christopher Newport	14:21.61		Apr 14
3	Andy REISCHLING	JR Pomona-Pitzer	14:23.87		Mar 10
4	Matthew NORVELL	JR North Central (Ill.)	14:28.49		Apr 12
5	Sam PINKOWSKI	FR Wartburg	14:30.70		Apr 12
6	Logan MCKENZIE	SO Berea (Ky.)	14:32.27		Mar 15
7	Harley MOYER	JR Washington & Jefferson	14:33.81		Apr 14
8	Josh JANUSIAK	JR Lawrence	14:34.55		Apr 19
9	Mason TOPE	SR Loras	14:34.73		Mar 28
10	Spencer FIELDS	JR Rhodes	14:35.72		Mar 31

10,000 Meters

1	Grant O'CONNOR	JR RPI	29:19.53		Apr 14
2	Andy REISCHLING	JR Pomona-Pitzer	29:51.75		Apr 19
3	Dhruvil PATEL	JR North Central (Ill.)	29:52.83		Mar 31
4	Jeff GIBSON	SO Mary Washington	29:58.42		Apr 5
5	Matthew NORVELL	JR North Central (Ill.)	30:02.05		Mar 31
6	Nolan MCKENNA	JR North Central (Ill.)	30:03.68		Mar 31
7	Al BALDONADO	SO North Central (Ill.)	30:04.01		Mar 31
8	Matt OSMULSKI	SO North Central (Ill.)	30:05.32		Mar 31
9	Will MCDERMOTT	SR Widener	30:13.41		Mar 30
10	Thomas SCHULTZ	JR UW-La Crosse	30:15.35		Apr 21



NCAA Division III - Top 10 Seeds by Event as of April 23



Men

110 Meter Hurdles

1	Bobby COOKS	SR Rowan	14.24w	(2.2)	Mar 15
2	Christian JACKSON	SO UW-Whitewater	14.27	(1.3)	Apr 20
3	Mason PLANT	SO Mount Union	14.33w	(3.7)	Apr 13
4	Alex DUFF	SO UW-Whitewater	14.42	(0.7)	Apr 20
5	Dylan KALINAY	SR Simpson (Iowa)	14.46	(1.1)	Apr 21
6	Alex DIMON	FR Marietta	14.47w	(2.2)	Apr 14
7	Ryan SCOTT	SR Christopher Newport	14.48	(-1.5)	Apr 14
8	Cody HALL	SR Trinity (Texas)	14.51w	(3.6)	Mar 31
8	RaShawn JONES	SO Wabash	14.51	(1.5)	Apr 20
10	Roland ATTOH-OKINE	SR Wesley	14.53w	(2.5)	Mar 31

400 Meter Hurdles

1	Peter GIRARDI	SR St. John Fisher	51.62		Mar 28
2	Connor FAINT	SR Eastern Mennonite	51.89		Mar 30
3	Josh YAMAMOTO	SR Augustana (Ill.)	52.43		Apr 20
4	Tyler GITTINS	SR Wittenberg	52.63		Apr 20
5	Anthony SALEMO	SR Rowan	52.93		Apr 13
6	Chris MESIANO	JR Rowan	52.94		Apr 13
7	Andrew DIMAITI	SR Tufts	52.95		Mar 24
8	Pierce BURNAM	SR Wilmington (Ohio)	53.22		Apr 20
9	Sage BAILIN	SO Colby	53.40		Apr 20
10	John-Robert WOOLLEY	SR Whitworth	53.66		Apr 6

4x100 Relay

1	Hyatt, Lott, May, Polk	George Fox	41.38		Mar 31
2	Derr, Harinda, Howard, Freeman	Hope	41.49		Apr 20
3	Mims, Watford, Kinsey, Stone	Berry	41.51		Apr 20
4	Stewart, Martin, Matta, Walker	Trinity (Texas)	41.53		Apr 7
5	Amedoadzi, Nda, Miriyoga, Powell	UMass Boston	41.57		Apr 14
6	Williams, Peifer, Moore, Cross	Illinois College	41.60		Apr 20
7	Dudley, Norfleet, Ardila, Ard	Virginia Wesleyan	41.67		Mar 31
8	Tay, Johnson, Waller, Scott	Christopher Newport	41.75		Apr 20
9	Lawal, Liebel, Fairweather, Vassell	Buffalo State	41.78		Apr 13
10	Vittetoe, Wetterling, Tupper, Kalinay	Simpson (Iowa)	41.81		Apr 12

4x400 Relay

1	Erickson, Olsen, Hatton, Klamm	Bethel (Minn.)	3:13.75		Apr 20
2	Printy, Etzler, Roth, Digby	Mount Union	3:13.99		Apr 20
3	Yamamoto, LaMendola, Sommers, Hucker	Augustana (Ill.)	3:14.42		Apr 20
4	Terry, Bishop, Mesiano, Jackson	Rowan	3:16.00		Apr 20
5	Singer, Wintergalen, Fleming, Wagner	Washington (Mo.)	3:17.12		Apr 20
6	Waller, McGaw, Monahan, Scott	Christopher Newport	3:17.13		Apr 20
7	Scott, Hall, Gradoville, Mikel	Loras	3:17.35		Apr 20
8	Masters, Tisdall, Zeien, Duff	UW-Whitewater	3:17.90		Apr 12
9	Wendel, Thompson, Wong, Augusta	Texas Lutheran	3:18.01		Mar 31
10	Peifer, Rieke, Aiello, Moore	Illinois College	3:18.30		Apr 20

High Jump

1	Jeffrey Jon TUCKER	SR Rowan	2.17m	7-1½	Apr 13
2	Kyle ROLLINS	FR St. John Fisher	2.12m	6-11½	Mar 31
3	Justin LEWIS	SO Worcester State	2.11m	6-11	Mar 31
4	Alec REDUKER	SO MIT	2.10m	6-10¾	Mar 31
4	Harrison ESCOFFERY	SR Rowan	2.10m	6-10¾	Apr 20
4	Antone TRUSS	SR Wilmington (Ohio)	2.10m	6-10¾	Apr 14
7	Noah STEINER	SO UW-Platteville	2.09m	6-10¾	Apr 7
8	Nicholas JACKSON	FR Adrian	2.08m	6-9¾	Apr 20
8	Jordan DAVIS	JR Adrian	2.08m	6-9¾	Apr 20
10	Jacoby WOLFE	JR George Fox	2.07m	6-9½	Mar 22

Pole Vault

1	Luke WINDER	SR North Central (Ill.)	5.45m	17-10½	Apr 21
2	Dan EVERS	SR Monmouth (Ill.)	5.35m	17-6½	Apr 20
3	Dylan KUIPERS	SR North Central (Ill.)	5.10m	16-8¾	Apr 21
4	Matt KEIM	SO Mount Union	5.09m	16-8¾	Apr 13
5	Devan GERTSCHEN	SR UW-Oshkosh	5.00m	16-4¾	Apr 12
5	Zach JASINSKI	SO UW-Whitewater	5.00m	16-4¾	Apr 20
7	Noah ZASTROW	FR UW-Stout	4.95m	16-2¾	Mar 16
8	Michael WAGENVELD	JR Claremont-Mudd-Scripps	4.90m	16-¾	Apr 14
8	Austin PARRISH	FR LeTourneau	4.90m	16-¾	Apr 5
8	Wes EVANSEN	SR UW-La Crosse	4.90m	16-¾	Apr 12



NCAA Division III - Top 10 Seeds by Event as of April 23



Men

Long Jump

1	George ALEXANDRIS	SR Montclair State	7.48mw	24-6½ (2.4)	Apr 13
2	Hayden SNOW	SO John Carroll	7.34m	24-1 (0.4)	Apr 14
3	Mark VANMARTER	SR St. John Fisher	7.30mw	23-11½ (3)	Mar 28
4	Jermaine STEVENS	SR Sul Ross State	7.29mw	23-11 (2.3)	Apr 20
4	Garrett COOLEY	SR Anderson (Ind.)	7.29mw	23-11 (2.1)	Apr 20
6	Malik MORRIS	SR Nebraska Wesleyan	7.27mw	23-10½ (3)	Apr 5
7	Ta'riq THOMAS	SR Delaware Valley	7.25m	23-9½ (1.5)	Apr 20
8	Gabriel SPIVEY	JR Concordia Texas	7.24mw	23-9 (3.4)	Apr 20
8	Cody HALL	SR Trinity (Texas)	7.24m	23-9 (1.5)	Mar 31
10	Trent KOEHLER	SO Nebraska Wesleyan	7.23mw	23-8¾ (3.6)	Apr 13

Triple Jump

1	Jared LEWIS	SR Stockton	15.25m	50-½ (0.3)	Apr 13
2	Dawan JONES	SR SUNY Cortland	14.84m	48-8¼ (1.5)	Apr 13
3	Matt GREEN	JR UW-Whitewater	14.82mw	48-7½ (2.2)	Apr 20
4	Luther NEWBURN	SO Benedictine (Ill.)	14.78m	48-6 (0.3)	Apr 7
5	Matt VITAGLIANO	SR RPI	14.73m	48-4 (2.0)	Apr 14
5	Yorai SHAOUL	FR MIT	14.73m	48-4 (1.4)	Apr 7
7	Grant AMOATENG	JR Eastern Mennonite	14.71m	48-3¾ (0.6)	Apr 14
8	Baboucar SALLAH-MOHAMMED	SO Bethany (W.Va.)	14.68m	48-2 (-1.3)	Mar 31
9	Jephte JEAN CLAUDE	JR Albion	14.64m	48-½ (1.8)	Apr 13
10	Wyatt PANNABECKER	SR Redlands	14.52m	47-7¾ (1.5)	Mar 31

Shot Put

1	David KORNACK	JR UW-Eau Claire	18.14m	59-6¼	Apr 12
2	Ethan EHLERS	SR Augustana (Ill.)	17.03m	55-10½	Mar 29
3	Blaze MURFIN	JR Dubuque	17.00m	55-9¼	Apr 12
4	Sam ELSNER	SR UW-Stout	16.95m	55-7¼	Mar 16
5	Cade RICHESON	FR Ohio Wesleyan	16.68m	54-8¾	Apr 21
6	Garrett GARZA	JR Texas Lutheran	16.46m	54-0	Apr 13
7	Jason COON	SR Capital	16.33m	53-7	Apr 14
8	Daniel GRAF	SO UW-La Crosse	16.25m	53-3¾	Apr 12
9	Jared LOUF-WOODS	SR UMass Dartmouth	16.20m	53-1¼	Apr 14
10	Ted ACHLADIS	SO Baldwin Wallace	16.08m	52-9¼	Mar 17

Discus

1	Cameron YON	JR Penn State Harrisburg	55.83m	183-2	Apr 14
2	Sam ELSNER	SR UW-Stout	55.04m	180-7	Apr 21
3	Caleb DALZELL	JR George Fox	53.98m	177-1	Mar 31
4	Legend HAYES	SR Christopher Newport	53.42m	175-3	Apr 20
5	Matt LOVE	SR Trinity (Texas)	52.60m	172-7	Apr 5
6	Brendon BURROWS	SR Christopher Newport	51.90m	170-3	Apr 20
7	Blaze MURFIN	JR Dubuque	50.20m	164-8	Apr 21
8	Michael HAVKINS	SR Muhlenberg	50.03m	164-1	Apr 13
9	Kevin BARBIAN	SR Augustana (Ill.)	49.85m	163-6	Apr 20
10	Ted ACHLADIS	SO Baldwin Wallace	49.40m	162-1	Mar 23

Hammer

1	Jared LOUF-WOODS	SR UMass Dartmouth	62.45m	204-10	Mar 31
2	Eric DOLS	JR Hamline	60.99m	200-1	Apr 21
3	Cody WHEELER	JR Augustana (Ill.)	60.68m	199-1	Apr 20
4	Sam ELSNER	SR UW-Stout	59.71m	195-10	Mar 16
5	Brandon PICHEN	SR Aurora	59.63m	195-7	Apr 13
6	Kameren MORGAN	JR Birmingham-Southern	58.77m	192-9	Mar 23
7	Duncan FERRIN	SR Salisbury	57.91m	190-0	Apr 20
8	Bailey QUINN	JR UW-Oshkosh	57.09m	187-3	Apr 21
9	Eric HOLST	JR St. Thomas (Minn.)	56.36m	184-11	Apr 20
10	Adedire FAKOREDE	SR Bates	56.27m	184-7	Apr 21

Javelin

1	Seth NONNENMACHER	SR George Fox	71.48m	234-6	Apr 20
2	Andrew BLOOM	SR Whitworth	69.92m	229-4	Apr 20
3	Cameron STALTERS	JR Fitchburg State	67.07m	220-0	Apr 21
4	Jordan ENTWISTLE	SO UMass Dartmouth	66.34m	217-8	Mar 31
5	Jaquill SCOTT	SR Mount Union	65.48m	214-10	Apr 14
6	Christian PAVLOVICH	SR Messiah	64.27m	210-10	Mar 30
7	Matthew GODWIN	SR UT Tyler	63.23m	207-5	Apr 20
8	Robert MARKS	SO Susquehanna	63.17m	207-3	Apr 21
9	Steven JERNEE	FR Stockton	62.67m	205-7	Apr 20
10	Luke BALLARD	FR Birmingham-Southern	62.47m	204-11	Apr 20

Decathlon

1	Alex CANCHOLA	SR George Fox	6752		Mar 22
2	Will DANIELS	SO Central (Iowa)	6673		Apr 18
3	Tobias MUELLERS	SR Williams	6670		Mar 22
4	Jeremy LEE	JR UW-Stevens Point	6535		Apr 20
5	Noah MEETEER	JR UW-La Crosse	6392		Apr 21
6	Keaton WOOD	FR Linfield	6374		Mar 22
7	zachary HASKIN	JR SUNY Cobleskill	6371		Apr 12
8	Cody FAUST	JR UW-Platteville	6358		Apr 20
9	Tommy RILEY	SR Williams	6348		Mar 22
10	Preston HUDDLESTON	SR St. Thomas (Minn.)	6300		Apr 19



NCAA Division III - Top 10 Seeds by Event as of April 23



Women

100 Meters

1	Tyra ABRAHAM	SR	Claremont-Mudd-Scipio	11.65	(2.0)	Mar 24
2	Wadeline JONATHAS	SO	UMass Boston	11.66w	(2.2)	Apr 21
3	Quinn HARLAN	FR	Roanoke	11.78w	(3.6)	Apr 6
4	Karmin SHUTE	SR	Birmingham-Southern	11.82	(0.8)	Mar 30
5	Dani BLAND	JR	Emory	11.89	(1.3)	Mar 23
6	Nkolika NWEKE	SR	Trinity (Texas)	12.08w	(4.0)	Apr 13
7	Amber CELEN	SR	Bridgewater (Va.)	12.09	(1.7)	Apr 13
8	Rachael ADAMS	SO	Mount Union	12.12	(1.0)	Apr 13
9	Sara TURNER	FR	George Fox	12.13	(0.1)	Mar 22
10	Chyenne KIMBLE	SO	Redlands	12.15	(1.8)	Apr 14

200 Meters

1	Wadeline JONATHAS	SO	UMass Boston	23.29	(0.8)	Mar 16
2	Karmin SHUTE	SR	Birmingham-Southern	24.26	(-0.2)	Apr 20
3	Tyra ABRAHAM	SR	Claremont-Mudd-Scipio	24.58	(0.6)	Apr 7
4	Rachael ADAMS	SO	Mount Union	24.62	(0.2)	Apr 13
5	Dani BLAND	JR	Emory	24.66w	(3.1)	Mar 30
6	LaShauna PORTER	SO	Occidental	24.70w	(2.2)	Apr 7
7	Sarah KING	JR	George Fox	24.76	(0.2)	Mar 31
8	Kennedy TAUBE	FR	George Fox	24.77	(0.9)	Apr 20
8	Amber CELEN	SR	Bridgewater (Va.)	24.77	(1.3)	Apr 20
10	Aliyah GILLESPIE	JR	Millsaps	24.81	(-0.2)	Apr 20

400 Meters

1	Wadeline JONATHAS	SO	UMass Boston	53.18		Mar 29
2	Sarah KING	JR	George Fox	55.78		Mar 22
3	Elizabeth JONES	JR	Nebraska Wesleyan	55.82		Apr 13
4	Katie EASTBURN	SO	Augustana (Ill.)	55.98		Apr 20
5	Erica GOLDMAN	SR	Emory	56.13		Mar 23
6	Kate MCCLUSKEY	SR	Middlebury	56.18		Mar 31
7	Lilah DRAFTS-JOHNSON	SR	Oberlin	56.25		Apr 14
8	Abbie FELTON	JR	UW-Whitewater	56.28		Apr 20
9	Brittany FELDMAN	SR	Fredonia	56.30		Apr 21
10	Gina DELLO RUSSO	SO	Stevens	56.46		Apr 21

800 Meters

1	Emily RICHARDS	SR	Ohio Northern	2:02.84		Apr 5
2	Sydney PACKARD	SO	WPI	2:09.34		Mar 16
3	Annalise WAGNER	SR	Washington (Mo.)	2:09.87		Apr 14
4	Natalie DEACON	SO	Lynchburg	2:11.78		Mar 23
5	Hannah HELSTAD	SR	St. Thomas (Minn.)	2:12.36		Apr 19
6	Ashley RYNARD	SO	Texas Lutheran	2:12.65		Apr 20
7	Phoebe AGUIAR	JR	Macalester	2:12.72		Apr 21
8	Anna WILLIG	SO	Middlebury	2:12.73		Mar 31
9	Leanne WEAVER	SO	Messiah	2:13.57		Apr 20
10	Lea STRANGIO	SR	WPI	2:14.09		Mar 16

1500 Meters

1	Emily RICHARDS	SR	Ohio Northern	4:15.77		Mar 30
2	Bryn MCKILLOP	SR	Claremont-Mudd-Scipio	4:26.72		Mar 24
3	Gabrielle STRAVACH	SR	Emory	4:28.95		Apr 20
4	Marissa COOMBS	SR	Virginia Wesleyan	4:29.49		Apr 14
5	Claire LAMB	JR	Otterbein	4:30.43		Mar 15
6	Helen GUO	SO	Pomona-Pitzer	4:31.59		Apr 7
7	Natalie DEACON	SO	Lynchburg	4:32.69		Mar 30
8	Kayla LELAND	SR	Whitworth	4:33.25		Apr 20
9	Kaelia NEAL	SR	Linfield	4:33.35		Apr 20
10	Lilly PRICE	SO	Swarthmore	4:33.68		Apr 6

Steeplechase

1	Marissa MOUNT	SO	Whitworth	10:25.87		Apr 20
2	Danielle KULPINS	SR	Case Western Reserve	10:40.17		Apr 14
3	Molly MCCULLOUGH	JR	Trinity (Texas)	10:41.94		Apr 19
4	Kayla LELAND	SR	Whitworth	10:42.92		Apr 12
5	Hannah SWANSON	SR	Willamette	10:44.86		Apr 20
6	Annie RODENFELS	JR	Centre	10:46.26		Apr 6
7	Lauren JACOB	SO	Johns Hopkins	10:48.92		Apr 20
8	Bailey SCOTT	SR	Whitworth	10:49.49		Apr 20
9	Meg MATHISON	SO	Carleton	10:52.04		Apr 21
10	Victoria KINGHAM	SR	Williams	10:52.44		Apr 13

5000 Meters

1	Helen GUO	SO	Pomona-Pitzer	16:30.20		Apr 19
2	Claire LAMB	JR	Otterbein	16:37.71		Apr 20
3	Brittany BOWMAN	SR	Tufts	16:42.30		Apr 14
4	Taryn CORDANI	SR	Ithaca	16:42.59		Apr 14
5	Bryn MCKILLOP	SR	Claremont-Mudd-Scipio	16:45.75		Apr 19
6	Casey HOVLAND	SR	St. Scholastica	16:47.94		Apr 19
7	Katherine COOK	SR	Bates	16:49.10		Apr 7
8	Ashlyn BAGGE	SR	Wartburg	16:53.17		Apr 12
9	Kaitlyn MOONEY	FR	Coast Guard	16:53.70		Apr 14
10	Emily BRYSON	JR	Brandeis	16:54.33		Mar 30

10,000 Meters

1	Brittany BOWMAN	SR	Tufts	34:51.07		Mar 31
2	Clare SCHOEN	SO	Misericordia	34:53.15		Apr 14
3	Cassie VINCE	JR	Albion	35:10.58		Apr 14
4	Ellie CLAWSON	JR	Johns Hopkins	35:12.93		Apr 14
5	Paige LAWLER	SO	Washington (Mo.)	35:20.53		Mar 31
6	Aly WAYNE	SR	Washington (Mo.)	35:26.38		Mar 31
7	Mary ECCLES	SR	MIT	35:27.11		Apr 20
8	Kayla LELAND	SR	Whitworth	35:33.62		Apr 6
9	Veronica WHEELER	SR	DeSales	35:36.46		Apr 14
10	Sam SLATTERY	SO	UW-Eau Claire	35:54.28		Apr 21



NCAA Division III - Top 10 Seeds by Event as of April 23



Women

100 Meter Hurdles

1	Annie WOOLLEY	SR Fitchburg State	14.44w	(2.2)	Mar 30
2	Catalina LEE KIM	SR La Verne	14.45w	(2.5)	Mar 16
3	Nicole BARTOLETTA	SR Geneva	14.46	(-2.2)	Apr 14
4	Sophie STOKES CERKVENIK	JR Colby	14.51w	(3.4)	Mar 30
5	Aspen MCMILLAN	JR Rowan	14.61w	(2.3)	Mar 15
6	Erin MACDOUGALL	JR SUNY Geneseo	14.62w	(2.4)	Mar 31
7	Dakota BUHLER	SR George Fox	14.67	(1.9)	Apr 20
8	Chyenne KIMBLE	SO Redlands	14.71w	(2.5)	Mar 16
8	Darielle CROSS	SO Rowan	14.71	(0.5)	Apr 20
10	Jessica FIELDS	SO Redlands	14.73w	(2.5)	Mar 16

400 Meter Hurdles

1	Lilah DRAFTS- JOHNSON	SR Oberlin	59.84		Apr 20
2	Sarah GLIDDEN	SR UW-Eau Claire	1:00.68		Apr 12
3	Kate KENNEDY	JR Williams	1:01.65		Mar 24
4	Sarah KING	JR George Fox	1:01.78		Apr 14
5	Hannah CHEN	SR MIT	1:01.93		Apr 13
6	Kayley MCGONAGLE	SR Williams	1:02.01		Apr 13
7	Justina SANDERS- SCHIFANO	JR NYU	1:02.39		Apr 13
8	Meghan ILLIG	SR Webster	1:02.52		Apr 21
9	Jessica FIELDS	SO Redlands	1:02.63		Apr 14
10	Bella SOLIS	JR Loras	1:02.82		Apr 12

4x100 Relay

1	Griffith, Pratt, Jones Mitchell, Abraham	Claremont-Mudd-Scipio	46.70		Apr 14
2	King, Taube, Turner, Miller	George Fox	46.89		Mar 22
3	Osei, Bland, Goldman, Bondi	Emory	47.18		Apr 20
4	Madden, Wutz, Held, Bamford	SUNY Geneseo	47.58		Apr 14
5	Robinson, McMillan, Cross, mcleod-whitener	Rowan	47.62		Apr 13
6	Artis, Foster, Taylor, Sloboh	Wesley	47.73		Apr 14
7	Buckley, Hallow, Marlow-Benedick, Lazur	Trinity (Conn.)	47.85		Apr 21
8	Eastburn, Willhite, Zaragoza, Peterson	Augustana (Ill.)	47.87		Mar 29
9	Black, Noland, Solis, Alt	Loras	48.01		Apr 20
10	Albrecht, Brooks, Kimble, Romani	Redlands	48.03		Apr 14

4x400 Relay

1	Osei, Leonard, Bland, Goldman	Emory	3:44.64		Apr 20
2	McGonagle, Kennedy, Collison, Powell	Williams	3:51.26		Mar 31
3	Rasubala, Calavan, Wright, King	George Fox	3:52.08		Apr 20
4	Grigaux, Althoff, Mesiano, Wagner	Washington (Mo.)	3:52.38		Apr 20
5	Medallada, Cool, Clark, Martinez	Whitworth	3:53.50		Apr 20
6	Bean, Driggers, Jonathas, Burnes	UMass Boston	3:53.65		Apr 21
7	Buerger, Worachek, Kummer, Glidden	UW-Eau Claire	3:53.73		Apr 12
8	Sankey, Labatt, Alpers, Johnson	Bethel (Minn.)	3:53.74		Apr 20
9	Tijerina, Amet, Hering, Felton	UW-Whitewater	3:54.41		Apr 20
10	Duehr, Tynnismaa, Jones, Taylor	Wartburg	3:54.72		Apr 18

High Jump

1	Emma EGAN	SO Williams	1.73m	5-8	Mar 22
2	Mara BRIGGS	JR Roanoke	1.70m	5-7	Mar 30
3	Molly MCGRAW	SR Illinois Wesleyan	1.69m	5-6½	Apr 7
4	Sarah GLIDDEN	SR UW-Eau Claire	1.68m	5-6	Apr 21
4	Grace BORDSON	JR St. Thomas (Minn.)	1.68m	5-6	Apr 11
4	Laura DARCEY	SO Chicago	1.68m	5-6	Apr 21
7	Vanessa BLANCHARD	SR Redlands	1.67m	5-5¾	Mar 31
7	Cirrus ROBINSON	SO Ohio Wesleyan	1.67m	5-5¾	Apr 6
7	Sara Kate CAPEL	SO Rhodes	1.67m	5-5¾	Apr 20
7	Caroline BANAS	FR Scranton	1.67m	5-5¾	Apr 7
7	Jana AGUSTSDOTTIR	FR Worcester State	1.67m	5-5¾	Apr 18

Pole Vault

1	Katherine PITMAN	SR Ithaca	4.22m	13-10	Mar 31
2	Harmony KOLLING	SR Otterbein	4.05m	13-3½	Apr 20
3	Madison REED	JR Ohio Northern	3.92m	12-10¼	Apr 14
4	Ashley CRAIG	SR Westfield State	3.81m	12-6	Apr 21
5	Kaitlyn DERMEN	SR Stockton	3.80m	12-5½	Apr 20
5	Heidi NASSOS	JR Washington (Mo.)	3.80m	12-5½	Apr 14
7	Megan LEAHY	JR UW-Oshkosh	3.78m	12-4¾	Apr 7
8	Mackenzie BUTCHER	JR Augustana (Ill.)	3.77m	12-4½	Apr 20
8	Kari STROMHAUG	SO MIT	3.77m	12-4¾	Apr 13
10	Amanda WIDEN	SR Redlands	3.76m	12-4	Apr 14



NCAA Division III - Top 10 Seeds by Event as of April 23



Women

Long Jump

1	Wadeline JONATHAS	SO UMass Boston	5.84m	19-2 (1.1)	Apr 21
2	Kaylee PRATHER	SR UT Tyler	5.83mw	19-1½ (2.3)	Apr 20
3	Amelia GLUECK	SR Illinois Wesleyan	5.82mw	19-1¼ (2.4)	Mar 16
4	Avery MAILLET	FR CCNY	5.80m	19-½ (0.7)	Apr 22
5	Cortnee PRIOUR	JR Texas Lutheran	5.74mw	18-10 (3.6)	Mar 31
6	Megan SIEVERS	SO Ohio Wesleyan	5.73mw	18-9¾ (3.1)	Apr 14
7	Tylea MCCARTHY-WALKER	SO SUNY Oswego	5.72mw	18-9¾ (2.1)	Apr 13
8	Britney SULLIVAN	SR Trinity (Texas)	5.71mw	18-9 (2.2)	Mar 23
9	Izabelle ITH	FR Williams	5.67m	18-7¾ (0.0)	Mar 22
10	Sarah LEHMAN	FR Penn State Harrisburg	5.65m	18-6½ (2.0)	Apr 18
10	Dakota BUHLER	SR George Fox	5.65m	18-6½ (-0.0)	Mar 22

Triple Jump

1	Amber EDWARDS	SR Ramapo	12.26m	40-2¾ (0.0)	Apr 20
2	Britney SULLIVAN	SR Trinity (Texas)	12.04mw	39-6 (3.5)	Apr 13
3	Taylor DRIGGERS	SR UMass Boston	12.01m	39-5 (1.7)	Mar 16
4	Sarah LEHMAN	FR Penn State Harrisburg	11.85m	38-10½ (1.0)	Apr 18
5	Elizabeth HARLOS	JR UW-La Crosse	11.80m	38-8¾ (1.8)	Apr 21
6	Dakota BUHLER	SR George Fox	11.75m	38-6¾ (-0.0)	Apr 20
6	Brea BLACKWELL	FR Millikin	11.75m	38-6¾ (2.0)	Mar 30
8	Adela KALILWA	SO Southern Maine	11.74mw	38-6¾ (2.4)	Mar 30
9	Rainah DUNHAM	FR Gwynedd-Mercy (Pa.)	11.73m	38-6 (1.4)	Apr 11
10	Kayla BRASE	SR Whitworth	11.67m	38-3¾ (0.0)	Apr 20
10	Maddie NELSON	SO UW-La Crosse	11.67m	38-3¾ (0.0)	Apr 12

Shot Put

1	Victoire KOTHOR	SR Brockport	15.76m	51-8½	Mar 31
2	Monique NEWTON	SR Oberlin	14.46m	47-5¾	Apr 14
3	Tanasha ATWATER	SR Dubuque	14.19m	46-6¾	Apr 12
4	Dayton	SO Nebraska Wesleyan	14.14m	46-4¾	Apr 5
5	JoHannah THEISEN	SR UW-Eau Claire	13.95m	45-9¾	Apr 21
6	Katie WEEKS	JR Stevens	13.94m	45-9	Apr 21
7	Jillian KORGESKI	JR King's College (Pa.)	13.81m	45-3¾	Apr 21
8	Isabella SAMUELS	JR UW-Oshkosh	13.64m	44-9	Apr 21
9	Reyna TA'AMU	SR Redlands	13.60m	44-7½	Apr 14
10	Addisen KNETZER	SR Waynesburg	13.59m	44-7	Apr 14

Discus

1	Monique NEWTON	SR Oberlin	47.08m	154-5	Apr 14
2	Mia BENNETT	SR Carthage	46.80m	153-6	Apr 20
3	Erica OAWSTER	JR UW-Eau Claire	46.48m	152-6	Mar 23
4	Arlesha COSPY	SR Denison	45.80m	150-3	Apr 14
5	Jessie JUENEMANN	SO Hamline	45.37m	148-10	Apr 21
6	Emily FINNEGAN	JR Otterbein	45.20m	148-3	Apr 20
7	Karen WETHAL	JR UW-Stevens Point	45.13m	148-0	Apr 12
8	Hope DUENAS	SO Willamette	44.86m	147-2	Mar 24
9	Heidi LIEFFORT	SR UW-Stout	44.83m	147-1	Apr 12
10	Katie WEEKS	JR Stevens	44.12m	144-9	Apr 6

Hammer

1	Emily BASSETT	SR Claremont-Mudd-Scripps	62.04m	203-6	Apr 20
2	Lydia MEIER	SR UW-Stout	58.95m	193-5	Mar 16
3	Mia BENNETT	SR Carthage	57.55m	188-9	Apr 20
4	Ariela SLUTSKY	SR MIT	55.58m	182-4	Apr 21
5	Chelsea YANG	FR Rhode Island College	53.34m	175-0	Apr 14
6	Allison REUTER	JR Widener	52.89m	173-6	Apr 14
7	Lindsay CHASE	SR UW-Whitewater	52.55m	172-5	Apr 20
8	Rebecca BURMAHL	JR Dubuque	52.22m	171-4	Apr 21
9	Kara ECK	SR Trine	52.06m	170-9	Apr 20
10	Destinee BARRETT	SR Rhode Island College	51.84m	170-1	Apr 14
10	Bailey HOVLAND	SR Concordia Moorhead	51.84m	170-1	Apr 12

Javelin

1	Lia NEGRA	SR Montclair State	45.94m	150-8	Apr 13
2	Audrey MILLER	SR Brockport	45.50m	149-3	Apr 14
3	Mary Kate DUNCAN	SR Moravian	45.30m	148-7	Apr 13
4	Cayle SPENCER	SO King's College (Pa.)	44.40m	145-8	Apr 21
5	Abigail WILLIS	SR Dubuque	43.44m	142-6	Apr 12
6	Karly GOODMAN	SR Illinois Wesleyan	43.30m	142-0	Apr 20
7	Alex GRUBBS	SO UW-Stevens Point	43.00m	141-1	Apr 12
8	Payton PASSANTINO	SO Millsaps	42.46m	139-3	Apr 20
9	Machaela GRADY	SR Pacific Lutheran	42.11m	138-2	Apr 20
10	Allison ROZELL	SO Calvin	41.67m	136-8	Mar 23

Heptathlon

1	Annie WRIGHT	JR George Fox	4959		Apr 9
2	Sarah GLIDDEN	SR UW-Eau Claire	4918		Apr 21
3	Isabel CLARK	JR Whitworth	4704		Apr 9
4	Shayna HELD	JR SUNY Geneseo	4685		Apr 21
5	Jana AGUSTSDOTTIR	FR Worcester State	4613		Apr 18
6	Chyenne KIMBLE	SO Redlands	4487		Apr 7
6	Dakota BUHLER	SR George Fox	4487		Apr 9
8	Amanda WIEBKE	SO UW-La Crosse	4470		Apr 21
9	Caitlin UBL	JR Williams	4466		Mar 22
10	Rae Rae TAYLOR	FR Penn State Harrisburg	4438		Apr 12